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## PRESS RELEASE

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# Rec Centers to reopen Palm Ridge, RHJ gyms

With the Arizona Department of Health Services announcement today that community associations are authorized to reopen and operate indoor fitness centers/gyms, the Recreation Centers of Sun City West will be opening Palm Ridge Fitness Center on Monday, Aug. 31, and R.H. Johnson Fitness Center on Thursday, Sept. 3.

This includes the indoor pool at Palm Ridge and the Activities Center (racquetball, table tennis, mini golf and bocce) at R.H. Johnson.

The Rec Centers has been planning for this eventuality for weeks, rescheduling employees from Beardsley and Kuentz recreation centers to meet the increased demands from the state for reopening. This includes staff dedicated to frequent cleanings and symptom/temperature checks at the newly opened facilities.

All members entering the fitness center/pool lobbies will be screened with contactless thermometers, regardless of whether they are entering a gym, pool or indoor walking track. The county mask mandate is still in effect, so no one will be allowed entry without a mask. Additionally, guests will not be allowed for the foreseeable future.

Hours of operation (seven days a week) will be as follows:

Palm Ridge Swim and Fitness: 6 a.m. to 9 p.m. (includes walking track and indoor pools)

RH Johnson Swim and Fitness: 6 a.m. to 9 p.m. (includes massage if massage therapists are operating)

RH Johnson Activities Center: 9 a.m. to 5 p.m.

The Rec Centers will operate at lower capacity, as follows:

Fitness Centers: 10 members plus two fitness trainers and two trainees

RH Johnson Outdoor Pool: 80

Palm Ridge Outdoor Pool: 60

Palm Ridge Indoor Walking Pool: 20

Palm Ridge Indoor Lap Pool: 12

Palm Ridge Indoor Walking Track: 20

Kuentz and Beardsley will remain closed. (Clubs at Kuentz and Beardsley that were opened earlier remain open.) Kuentz is undergoing a major renovation and expansion; Beardsley will reopen at a later date if usage numbers at the other centers dictate a third center is needed.

Fitness Center users must sign up in advance to use the equipment in one-hour intervals. Between each one-hour block, a half hour is reserved for staff to sanitize the entire gym and equipment. Additional cleaning will occur on the equipment between users, per ADHS.

The last phase of the Rec Centers reopening plan involves the social clubs and those such as dancing, exercise and others that require physical interaction. The fitness and exercise clubs that will be permitted to resume classes will be contacted by the Office of the Recreational Activities Manager regarding reopening. Changes in times and locations may be needed to accommodate hours of operation and mandated opening procedures.

Some clubs that opened earlier have announced they are voluntarily closing. Check [suncitywest.com/covid19](https://suncitywest.com/covid19) for the latest on club openings.

Watch for all the latest at [suncitywest.com/covid19](https://suncitywest.com/covid19) and sign up for the enews at [suncitywest.com/enews](https://suncitywest.com/enews).