# REC CENTER CONTER

WEST

August 2022

An official publication of the Recreation Centers of Sun City West



Uncorked the Band will perform at the August Dance.

# Close out summer with August Dance

The Rec Centers of Sun City West is excited to bring in Uncorked the Band for the August Dance on Wednesday, Aug. 31, at Palm Ridge Rec Center.

The dance begins at 7 p.m. Doors open at 6:30. Tickets are \$18 and go on sale Tuesday, Aug. 2, at the R.H. Johnson Box Office, 19803 N. R.H. Johnson Blvd., or online at suncitywest.com. There is a four-ticket per rec card maximum. Tickets will be available to Sun City West residents only for the first two weeks after initial release date. If the show has not sold out after those two weeks, tickets will be open to the public.

Concessions will be available at the dance; bring your own beverages.

Uncorked The Band combines a multi-faceted female vocalist with a full arsenal of collaborating musicians and singers. The band is a full sixpiece band with saxophone, and keyboards. Uncorked provides a diverse selection of high energy dance classics from across the decades, peppered with offerings of Top 40, rock, R&B, country and even music with a Latin flair.

Whether you're having a fundraiser, wedding, corporate event, or private party Uncorked the Band will change the way you think about your typical live music experience. With our fun, high energy, and familiar songs, you'll have no choice but to sing along and get up and dance.

# High energy band returns for Welcome Back Dance

The Rec Centers is bringing back a fan favorite – The HiFi Allstars! This "Hi" energy band returns Friday, Sept. 23, for the annual Welcome Back Dance at Palm Ridge Rec Center.

The show begins at 7 p.m., and doors will open at 6:30. Tickets are \$18 per person and go on sale at 8 a.m. Tuesday, Aug. 9, at the R.H. Johnson Box Office, 19803 N. R.H. Johnson Blvd., or online at suncitywest.com.

HiFi Allstars is a "Hi" energy band covering multiple genres, including rock, pop, funk,



The HiFi Allstars will rock the Welcome Back Dance Sept. 23.

country and rap. They will bring the keys, the electric guitar, the drums, a violin and their phenomenal vocal cords. Come and dance the night away!



Listen to the Music kicks off Autumn Vibez on Nov. 3

# Autumn Vibez brings back classic tunes

The hot temperatures put to bed, it's time to enjoy the fall breezes in the park at Autumn Vibez.

Formerly Fall Fest, Autumn Vibez will feature a pair of classic rock shows at 7 p.m. Thursday, Nov. 3, and Friday, Nov. 4 at

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# Early ballots accepted at Social Hall

The Rec Centers reminds area residents that although the R.H. Johnson Recreation Center is a drop-off location for Maricopa County's Primary Election, that is the case only on Aug. 1 and 2, during in-person voting.

The polls will be open in the R.H. Johnson Social Hall, 19803 R.H. Johnson Blvd.:

- from 9 a.m. to 5 p.m. Monday, Aug. 1
- from 6 a.m. to 7 p.m. Tuesday, Aug. 2

Prior to those dates, voters

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Donna Maloney

# SCW Board Director resigns, new Board seated July 1

Recreation Centers of Sun City West Governing Board Director Donna Maloney resigned effective July 1, leaving a vacancy as the Association starts its new fiscal year.

Maloney announced her resignation, for personal reasons, at the end of the Board's annual meeting (https://youtu.be/-0gVmsAZn2c)

on June 23. President Tim Hurley, who took the helm on July 1, said the Board will fill the vacancy in accordance with the bylaws. Once the position is filled, that director will serve through June 30, 2023.

The newly comprised Board as of July 1 includes Hurley as president; Anne Brown as vice president; Dick Rhoades as treasurer; Jack Leary as secretary; and Directors Roberta Davidson (Properties Committee); Sharon Hettick; Harry Stannebein (Golf Committee); and Lisa Vines (Sports Pavilion and Bowling Committee).

## SUN CITY

August 2022

## **News & Events**

## Settle in for concerts, movies in the park

Recreation Centers of Sun City West

Enjoy the cool autumn evenings in Sun City West as the Rec Centers present Concerts and Movies in the Park this October.

Each Saturday in the month will showcase a musical act while a few Sundays will feature a dash of mystery on the Silver Screen at Beardsley Park, 12755 W.

Tickets are \$7 per person (four tickets per rec card) and go on sale Tuesday, Aug. 16. Tickets will be available to Sun City West residents only for the first two weeks and if the show does not sell out during that timeframe tickets may be purchased by the public.

Food trucks or concessions will be available at the concerts.

Movies begin at dusk (approximately 7 p.m.). Movies have partial concessions only. Movies are free.

Concerts will be performed in Beardsley Park every Saturday on the following schedule:

#### SATURDAY, OCT. 1 Hispanic Heritage Fiesta

The Rec Centers of Sun City West are partnering with the Spanish Club to present the Hispanic Heritage Fiesta. Experience Hispanic culture with mariachis and Latin American dance in celebration of Hispanic Heritage Month. Food trucks will serve up concessions at the Fiesta. Interested in joining the SCW Spanish Club? Club members will be in Ramada 10 during the event for more information or visit spanish.scwclubs.com.

Scheduled performers for the evening will be:



#### Mariachi Del Monte

If you've ever eaten at Rio Mirage Café on Friday evenings, then you've definitely heard the sounds of Mariachi Del Monte. The group has been playing together for more than 30 years and are highly booked all over Arizona. They perform for any occasions and their sound will sure get you to sing along!

Marysol Ortiz "Sunny"

Marysol Ortiz "Sunny," from El Mirage, has always had a passion for music. At age five, she had her first performance on stage. In 2016, she performed in the singing reality television show - "Va Por Ti" English meaning "This One's for You," which aired in US, Mexico and other Latin American



countries. Marysol made it all the way to the semifinals and was happy to have represented Arizona. She is the youngest of three siblings and the support of her family is what has helped her achieve her goals. Fun fact: Her mom makes her traditional mariachi outfits!

Rascapetatiando Dance Company

Transforming the traditions into moving works of art, Rascapetatiando Dance Company is a Latin-based dance troupe that resides in Phoenix. Repertoire selected is a balance of traditional dance and lyrical representations of Mexican folkloric traditions. RDC began in



2016 and has flourished since! Come and enjoy the beauty and movement of Latin American folk dancing.



#### **SATURDAY, OCT. 8** Desert Winds Steel Orchestra

What started as an eight-member steel band back in the fall of 1997, the Desert Winds Steel Orchestra has now grown to 15-plus members who have discovered the joy of music making an ensemble setting. This diverse group of members has not only grown in numbers, but in skill at a remarkable rate. Their repertoire includes Latin and pop songs and an array of island tunes that are pure joy. Their appeal led them to opening for Jimmy Buffett at Ak-Chin Pavilion, as well as the annual Rock 'n' Roll Marathon in Phoenix.

Concessions will be available.



#### SATURDAY, OCT. 15 Johnny K & Kompany

Go back to a simpler time with some of your favorite oldies like "Stand By Me" and "Unchained Melody." Johnny K and Kompany specializes in music from the '50s '60s and '70s. The band features: Johnny K, vocals; Doc Rosinski, keyboards; Mike Miller, drums; Jim Elam, guitar; Doug Sawyer, bass.

Food trucks will be available.

SATURDAY, **OCT. 22** HiFi Allstars



ing rock, pop, funk, country and rap. They will bring the keys, the electric guitar, the drums, a violin and phenomenal vocal cords.

Concessions will be available.



#### SATURDAY, OCT. 29 Southbound

Southbound was formed in 2007 with the idea of being one of the most professional and entertaining bands around. Since then they have played concerts all over Arizona and Mexico with national acts such as The Lost Trailers, Hal Ketchum, Ned Ledoux, G. Love, Craig Campbell, and Roger Clyne & The Peacemakers. Southbound plays a mix of current and classic country favorites, as well as southern rock.

Food trucks will be available.

The movies will be shown on the 16-feet by 9-feet screen. Concessions will feature popcorn, ice cream and soda or water. The movie schedule is:

#### SUNDAY, OCT. 9 "Knives Out"



When renowned crime novelist Harlan Thrombey (Christopher Plummer) is found dead at his estate just after his 85th birthday, the inquisitive and debonair Detective Benoit Blanc (Daniel Craig) is mysteriously enlisted to investigate. From Harlan's dysfunctional family to his devoted staff, Blanc sifts through a web of red herrings and self-serving lies

to uncover the truth behind Harlan's untimely death. Featuring Chris Evans, Ana de Armas, Jamie Lee Curtis, Toni Collette, Don Johnson and Michael Shannon. (C) (2019) (2h 11m) (PG-13).

#### **SUNDAY, OCT. 16** "Murder on the Orient Express"

A trip through Europe unfolds into a race against time to solve a murder aboard a train. When an avalanche stops the Orient Express dead in its tracks, the world's greatest detective - Hercule Poirot - arrives to interrogate all passengers and search for clues before the killer can strike again. The star-studded cast includes Kenneth Branagh,



Johnny Depp, Daisy Ridley, Michelle Pfeiffer, and Judi Dench. (C) (2017) (1h 54m) (PG-13)

#### **OCT. 30** "Death on the Nile (2022)"



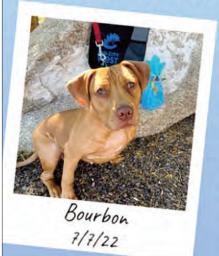
Detective Hercule Poirot's Egyptian vacation turns into a terrifying search for a murderer

when a picture-perfect couple's idyllic honeymoon is tragically cut short. Starring Emma Mackey, Annette Bening, Russell Brand, Gal Gadot and Armie Hammer. (2h 7m) (PG-13)

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## **Picture Perfect Pets**

Beat the heat with our Sun City West photo contest!



Little Bourbon has the kind of face that you just can't resist! Now through Monday, Aug. 8, he's inviting all our Sun City West pet owners to participate in a contest featuring pictures of their furry friends enjoying their favorite summertime activities. Whether your pets are pictured in Sun City West or in out-of-town travels, your photos are encouraged.

### **Contest Details**

- •Pets must belong to a SCW owner member
- •Photo must have been taken this summer
- •By submitting a photo, you grant us limited copyright to use your photo, name and pet's name in our Rec Center News and social media for the duration of this contest
- •Submissions can be sent to *contests@suncitywest.com* or to any of the Rec Centers' social media pages
- •Please include your name, rec card number and phone number so we can contact you if you win

### Prizes

Top 5 winners will receive these beautiful swag gifts. The next 25 winners will receive the black SCW bag to carry their pet's favorite toys and snacks.

Winners will be selected by a staff team that, of course, includes Bourbon, and will be announced Wednesday, Aug. 10, on social media, SCW Enews and featured in the September Rec Center News.



#### Ballot drop box

From Page 1

should visit another drop off location or put their ballots into USPS mailboxes at least seven days before Election Day. For information about early voting, deadlines and locations, visit elections.maricopa.gov.

The dates in Sun City West are being run by the Maricopa County Elections Department, and any questions should be directed to the county. The Rec Centers is the site host but is not otherwise involved. Call the county at 602-506-1511 or visit Locations.Maricopa.Vote.

## Update your info with the RCSCW

Did you know that in an emergency, Member Services is often contacted for information?

When was the last time you updated your information? Have you changed your phone number or changed your email address? Who is your point on contact if we are unable to reach you? Has your emergency contact person changed their information?

Please contact Member Services to verify your information is current. You may send an email to membership@suncity-

west.com or call 623-544-6100 from 8 a.m. to 2:30 p.m. Monday through Friday. Please include your name, member number, and property address.

You can also update your emergency contact information by visiting the Member Services section of our website, suncitywest.com, and clicking on the "Membership Form" button. A link to our online, fillable information update form will be available on the next page. Once completed, it will be automatically sent to membership@suncitywest.com.

# We'll Play Your Music on the Porch Aug. 27

If you run into any issues email-

ing your videos, please consider

sending them through social

media such as Facebook or

Instagram. You may also email

contests@suncitywest.com

for limited assistance.

Submit your recordings by Aug. 25!

Whether they are performing at a Rec Centers' event, at Lizard Acres Pub or at any other location in the community, we know many talented musicians live here in Sun City West, and we would like to share their

music with the rest of the world.

The Recreation Centers of Sun City West invites the commu-

nity to participate in Play Music on the Porch Day, an online collaboration where on the last Saturday of August, musical artists from all over the world share a video of themselves playing music from home.

Interested in participating? All you need to do is record yourself playing music from home and



share that video with the Recreation Centers of Sun City West by emailing contests@suncitywest.com or messaging us through any of our social

m e d i a p a g e s (Facebook, Instagram, Twitter). On Saturday, Aug. 27, we will share all the sub-

missions we receive on our social media pages as part of Play Music on the Porch Day.

Submissions will be accepted until 3 p.m. Thursday, Aug. 25. To learn more about Play Music on the Porch Day and view performances from past years' events, please visit playmusicontheporchday.com.



#### Get the Woodstock vibe

From Page 1

Beardsley Park, 12755 W. Beardsley Road. Gates open at 5 p.m.

Ticket packages for both nights cost \$34 per person (four tickets per rec card); or \$20 individually for each show. Tickets go on sale to Sun City West residents at 8 a.m. Tuesday, Sept. 6, online at suncitywest.com or at the R.H. Johnson Box Office, 19803 N. R.H. Johnson Blvd. After two weeks, if the concerts have not sold out, tickets will be available to the public.

Autumn Vibez will feature two Valley favorites – Listen to the Music, a Doobie Brothers tribute band, and Return to Woodstock.

THURSDAY, NOV. 3
Listen to the Music
The Doobie Brothers
Experience

Listen to the Music is a super tribute show of the famous rock band The Doobie Brothers back in the '70s. Come and enjoy an evening full of reminiscing to '70s rock, pop, funk rhythm and blues and more!

## FRIDAY, NOV. 4 Return to Woodstock

From a dairy farm in upstate New York to a stage near you, relive the days of peace and love! Watch authentic performances of the biggest and most iconic songs from the Woodstock show. Jimi-Hendrix, Jefferson Airplane, Arlo Guthrie, Janis Joplin, Sha Na Na, Crosby Stills & Nash, Creedence Clearwater Revival, and more! Let the talented cast of entertainers transport you to an incredible era of music, peace and love!



## **Governing Board**

## **Governing Board Directors**

www.suncitywest.com

All Directors: gb@suncitywest.com



**PRESIDENT** Tim Hurley August 2021-June 2025 623-249-5474 tim.hurley@suncitywest.com



**VICE PRESIDENT** Anne K. Brown July 2020-June 2023 Phone: 417-459-3481 anne.brown@suncitywest.com



**TREASURER Dick Rhoades** July 2022-June 2025 Phone: 623-308-1968 dick.rhoades@suncitywest.com Chair: Budge & Finance



**SECRETARY** Jack Leary July 2022-June 2025 847-778-7613 jack.leary@suncitywest.com Chair: Chartered Clubs



Roberta Davidson July 2020-June 2023 623-889-1992 roberta.davidson@suncitywest.com Chair: Properties



**Sharon Hettick** July 2020-June 2023 623-455-2674 sharon.hettick@suncitywest.com



Harry Stannebein July 2021-June 2024 406-539-9606 harry.stannebein@suncitywest.com Chair: Golf

Vacant

the Governing Board



Lisa Vines July 2021-June 2024 Phone: 702-278-0955 lisa.vines@suncitywest.com Chair: Sports Pavilion & Bowling



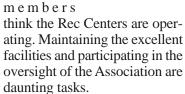
Karen Roepken Term was to end June 2024. How **Governing Board Executive Assistant** this vacancy will be filled TBD by 623-544-6115 karen.roepken@suncitywest.com

## Governing Board oversees a tough job

My name is Tim Hurley. It is a privilege to serve on the

Governing Board, and it is an honor to be elected to serve as president.

Recent surveys show an overwhelming approval of how our members



My approach to governance is simple. The Board describes the type of place we want Sun City West to be by setting parameters. These parameters are described in our bylaws, policies and restrictions the Board describes.

Our Articles of Incorporation from 1993, set up the Recreation Centers of Sun City West, Inc. (the "Association") as a nonprofit corporation to function as an association of homeowners. This Association is organized and operated to provide for the acquisition, construction. management, maintenance, and care of Association property. The Associa-



Tim Hurley President



Governing Board president Tim Hurley accepts the gavel from outgoing president Sue Fitzsimons at the June Regular Governing Board Meeting.

tion is also governed by the Federal Housing for Older Persons Act, the Arizona Fair Housing Act and the Arizona Revised Statutes Title 33.

The Association bylaws provide for the governance and operation of the Association and delineate the purposes, powers and duties of the Governing Board. Governing Board policies further describe certain areas of activities that expand or restrict the parameters under which the Association can oper-

The Governing Board appoints a general manager, who is responsible for implementing the policies of the Association. As long as the general manager operates within the parameters of the bylaws and policies, the

Board authorizes the GM to use his best management judgement to operate the corporation.

The readers are going to hear a lot about how the Governing Board operates in upcoming articles, which I hope will be informative.

Just one word on op-ed pieces: Neither the Governing Board nor individual Directors, by convention, will respond publicly to articles in the local newspaper or rumors on social media. If you hear something that doesn't pass the "smell" test, call membership and be directed to someone who can give you a straight answer. Moreover, all our Board meetings are open to the public, so come and hear it from the "horse's mouth.'

# CENTER

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General Information: 623-544-6120 General Manager - Bill Schwind, 623-544-6110; bill.schwind@suncitywest.com Editor - Katy O'Grady, 623-544-6027; katy.ogrady@suncitywest.com News Assistant - Michael Melissa; michael.melissa@suncitywest.com

Member Services - 623-544-6100 Membership as of July 1, 2022: 28,257 (includes Owners, Associates, Landlords, Investors and Tenants)

Recreation Centers of Sun City West 19803 R.H. Johnson Blvd., Sun City West, AZ 85375 email@suncitywest.com suncitywest.com

Sun City West is a senior community for individuals 55 and older.

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## Chat with the GB President

Have questions, comments or concerns for the Governing Board? GB President Tim Hurley would like to hear them! Walk-in appointments will be available from 10 a.m. to noon once a month beginning in September. For information, contact executive assistant Karen Roepken at 623-544-6115 or send an email to karen.roepken@ suncitywest.com.

## Palm Ridge parking lot to get new coat, seal

Throughout the year, the Recreation Centers of Sun City West works to provide their members some of the best facilities and amenities in the nation through the completion of capital projects. Sometimes it can be difficult to keep up with the amount of projects being worked on and their closure/reopening dates, so the Rec Centers have put together this webpage to help keep members informed.

We understand schedules may not always be convenient for some members, but we do our best to limit the impact on usage. Schedules are determined by a variety of factors including budget cycles, contractor schedules, permitting requirements, weather factors, etc.

Below you can find a tentative schedule of upcoming and current capital projects:

Palm Ridge Rec Center



Summit Hall hardwoods screen and seal will proceed through Aug. 7. This is a yearly seal coat to hardwood floors and area maintenance.

Parking Lot Asphalt Seal Coat and Stripe

The newly installed asphalt

from 2021 will be closed off in sections so open parking areas are available for member use.

The asphalt vendor will power sweep the first-year raveling sand, followed by the first seal coat required approximately 12 months after new as-

phalt is installed.

The closure schedule is as follows: sealcoat – Monday, Aug. 29; Wednesday, Aug. 31; Friday, Sept. 2; and Monday, Sept. 6. Lot marking – Tuesday, Aug. 30; Thursday, Sept. 1; Saturday, Sept. 3; and Tuesday, Sept. 7.

# Governing Board meetings resume in fall

From Page 1

Directors are unpaid volunteers, elected by owner members in the annual election in March. They serve three-year terms. Board meetings are generally held at 9 a.m. the fourth Thursday of each month except November and December, when they are moved due to holidays. There are no meetings in July and August. Workshops are 9 a.m. the second Friday of each month. Call the Governing Board office at 623-544-6115 to confirm meeting times and dates

Governing Board Workshops, Regular meetings, and Committee meetings are livestreamed and archived at youtube.com/ suncitywestaz.

August 2022						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No Governing Board or Committee meetings in August.	1 Early ballot drop off & in person voting, 9 am - 5 pm, Social Hall	2 Early ballot drop off & in person voting, 6 am - 7 pm, Social Hall	3	4 Stardust Movie - The Eagle Huntress 7 pm, Stardust Theatre	Deadline	6
7	8	9	10	11 Stardust Movie - Dead Again 7 pm, Stardust Theatre		13
14	15	16	17	18 Stardust Movie - In the Line of Fire 7 pm, Stardust Theatre		<b>20 Friends of the Library Book Sale,</b> 9 am- 1 pm Social Hal
21	22	23	24	25 Stardust Movie - Love Story 7 pm, Stardust Theatre		27
28	29	30	31 August Dance - Uncorked the Band 7 pm, Palm Ridge			



## May 2022 Financials



OPERATING REVENUES	May Actual	May Budget	YTD Actual	YTD Budget	YTD PY
Membership	1,264,376	1,252,709	13,986,394	13,836,356	13,494,101
Recreation	4,286	4,890	99,048	94,360	18,857
Golf Fees	579,853	476,011	8,902,001	7,954,184	8,371,318
Bowling	48,276	24,111	688,575	453,922	396,860
Special Events	(4,135)	70	239,141	111,670	(26,708)
Ancillary Revenue	76,915	50,195	1,051,570	765,671	900,871
Merchandise Sales	16,063	7,275	143,466	179,086	136,575
Food and Beverage	28,314	9,846	383,797	181,407	146,450
Interest Income - Operating	0	0	2,537	270	0
Other Income	166	430	6,199	4,290	(23,408)
TOTAL OPERATING REVENUE	2,014,114	1,825,537	25,502,728	23,581,216	23,414,916
OPERATING EXPENSES					
Wages And Benefits	1,209,943	1,293,538	13,572,373	13,977,142	13,191,089
Utilities	248,374	217,166	2,233,242	2,329,156	2,184,049
Repair and Maintenance	188,844	118,290	1,416,316	1,256,920	1,308,571
Landscape Maintenance	140,819	86,840	1,963,596	1,477,940	1,369,787
Supplies and Services	39,987	40,998	547,500	472,503	450,330
Equipment	11,836	23,250	161,137	186,570	181,318
Taxes and Insurance	66,187	61,784	695,100	683,128	618,016
Interest & Financial Expense	39,439	30,280	493,096	394,880	448,021
Operating Expenses	50,133	50,200	484,069	464,103	412,877
Legal and Professional	26,157	17,410	251,844	341,550	130,226
Employee Related Expenses	12,455	17,080	115,194	146,590	137,343
TOTAL OPERATING EXPENSE	2,034,174	1,956,836	21,933,467	21,730,482	20,431,627
OPERATING CASH INFLOW/(OUTFLOW)	(20,060)	(131,299)	3,569,261	1,850,734	2,983,289
CAPITAL RELATED					
Investment Income-Reserves	35,769	26,833	1,692,786	346,163	3,797,735
Unrealized Gain (Loss) Investments	195,250	0	(4,136,093)	0	(1,861,065)
Club Funded Capital	0	0	10,025	0	875
Asset Preservation Fee	536,100	414,400	5,350,447	4,073,700	4,683,000
Gain / (Loss) on Asset Disposal	0	(1,759)	(82,034)	(27,335)	(16,319)
Depreciation Expense	(369,354)	(359,082)	(3,905,817)	(3,872,466)	(3,604,195)
TOTAL CAPITAL RELATED	397,765	80,392	(1,070,686)	520,062	3,000,031
REVENUES OVER / (UNDER) EXPENSES	377,705	(50,907)	2,498,575	2,370,796	5,983,320
Capital Project Expenditures	460,729	305,000	4,902,097	5,290,000	6,136,487

www.suncitywest.com

Financials are preliminary until accepted by the Governing Board.

Complete financial statements are posted monthly on suncitywest.com

Project/Equipment	Budget	Total
eral/Administration	244600	.0.0.
HVAC Units(s) **	242,799	141
Safety & Structural Integrity (e.g. sidewalks, security)	100,000	71
reation / Sports Pavilion		
Kuentz Parking Lot - Mill & Resurface	380,000	334
Metal Shop Renovation / Addition**	639,586	640
Golf Maintenance Networking	121,427	156
Environmental Services Maintenance Office	150,000	149
Kuentz Parking Lot/Walkways - Lighting Replacement	150,000	133
Beardsley Pool & Spa Areas - Wall & Décor Improvement	100,000	46
Beardsley Pool Area Lighting Improvement	120,000	120
Greenhouse - Replace & Expansion	300,000	135
RH Johnson Swim & Fitness Hallways, Lockers - Flooring	174,471	192
Beardsley Aquatics Lobby Enclosure	160,000	35
Golf Maintenance Equipment	1,314,544	838
Grandview Irrigation & Turf Reduction	865,000	290
Golf Maintenance Vehicles	319,295	269
Trail Ridge Shoreline Project #14	296,125	289
Rental Cart Fleet	232,064	130

\*\*Includes Carryover Budget and/or savings allocated by GM

## Did you know?

## There's lots of info out there, just waiting for you!

The Rec Centers prides itself in being transparent, and we work hard to ensure that the information available to us, is available to you.

There are exceptions of course. State law provides that some information, such as personnel records, legal advice and other such categories, are exempt. But by and large, our records are open. And we make it as simple as possible for our members to access this information.

Browse through the website and you'll find a whole host of information accessible to you. If you don't find something you're looking for, just ask and we'll get it for you. (We know some areas of the website can be confusing to navigate, and we are working on a redesign concept, so please be patient with us as we gear up for that project.)

In the meantime, here are some areas you might find interesting:

#### Lizard Acres Pub Website

We recently launched the lizardacrespub.com website as a quick and easy resource to find out what entertainment is playing at the Pub. Find hours, drink specials and more at the site. Check out the Pub's new logo on the website and on our new coasters as well!

#### General Manager's Reports

Have you ever read one of the "General Manager's Reports"? Compiled from the management team during their weekly meeting, these reports can be found online: https://suncitywest.com/news/.

They are posted almost every week, with the exception of a few weeks when the meetings are canceled due to holidays. The reports contain a treasure of interesting information for those who'd like to know more about their community.

A recent report, for example, detailed the fact that the Grandview Irrigation Project, once completed, will use 27 miles worth of lateral pipe, and 76 miles worth of communication wire. Over at the Library, 11,739 items were checked out in May, including 637 puzzles!

There are a whole lot more nitty gritty details in these reports. Check them out if you're interested.

#### **GB** Committee Application

The website also has a place to learn about what the Governing Board committees do, and how you can apply to serve on one if you're so included. Committees are a great way to get your feet wet in local governance, if that's an area you're interested in with the possibility of possibly serving on the Board in the future. Committee service is not a requirement for running for the Board, but the experience certainly helps you get to know the Assocition and its innerworkings.

Check this page for more information and an application: suncitywest.com/board-committee-application/.



## Phone Numbers

MAIN TELEPHONE NUMBER: 623-544-6000

(All numbers have 623 area code unless otherwise noted)

RH JOHNSON REC CENTER: 544-6000

19803 R.H. Johnson Blvd. Fitness Center: 544-6107 Swimming Pool: 544-6106 Tennis Reservations: 544-6151 Mini Golf, Table Tennis, Racquetball, Bocce: 544-6108

Auto Restoration: 518-3226 Broadcast: 602-538-1031 Ceramics: 546-0975 Lapidary: 584-8952 Lawn Bowls: 584-0617 or

544-6147

www.suncitywest.com

Men's Club: 544-6150 Metal Club: 584-0150 Model Railroad: 544-6148 Rip 'N' Sew: 546-4050 Silvercraft: 584-8153

RH JOHNSON LIBRARY: 544-6130 Data Resource Center: 544-6644

SPORTS PAVILION (Bowling): 544-6140 Lizard Acres: 544-6097 Memo's Bistro: 544-6116

**BEARDSLEY REC CENTER: 544-6525** 

12755 Beardsley Road at Stardust Boulevard Pool/Fitness/Mini Golf: 544-6525

Bridge Club: 544-6529 Clay Club: 544-6530 Copper Cookers: 544-6532 Horseshoe: 215-5807 Photography: 544-6520

Porcelain Painters: 544-6521

KUENTZ REC CENTER:

544-6561 14401 R.H. Johnson Blvd. Swimming Pool/Fitness: 544-6561 Softball: 544-6157, 544-6158

Weavers: 544-6515

Women's Social: 546-4236 Woodworking: 546-4722

PALM RIDGE REC CENTER: 544-6581

13800 W. Deer Valley Drive Swimming Pool/Fitness:

544-6581

Computers West: 214-1546 Stained Glass: 544-6586

**GOLF OPERATIONS:** 

Tee Time Reservations: scw.totalegolf.com **DEER VALLEY: 544-6016** DESERT TRAILS: 544-6017 ECHO MESA: 544-6014 GRANDVIEW: 544-6013

Crooked Putter: 544-6090 PEBBLEBROOK:544-6010 STARDUST: 544-6012 TRAIL RIDGE: 544-6015 Course Conditions: 544-6175 Golf Operations: 544-6037

**ADMINISTRATION** 

General Manager: 544-6110 Human Resources: 544-6123 Member Services: 544-6100 Rec Center News: 544-6519 Recreation Manager: 544-6114 Tours & Scheduling: 544-6032 Box Office: 544-6093

## Club Contacts

Rose: 623-826-3448

• Recreational Vehicle,

• Rockhounds West, Joseph Toce: 608-797-1151

#### **MUSIC & PERFORMANCE**

• DanceSensations. Tai Chi and Pilates

ers: 719-291-0379

 Music Club of Sun City West, Neil White: 623-466-9229

cil, Aletha Dellamo: 623-363-6612

• Westernaires Chorus, Ken Kunze: 402-366-7377

#### **SOCIAL**

- 815-228-8585
- Karen Dales: 623-223-0489
- Friends of the Library, Larry Woods: 623-556-8949
- 720-524-9300
- Williams: 425-359-3101
- 2356
- Women's Social Club, Jan Wilson: 714-235-2752
- Schneider: 562-234-1198

**SPORTS - GOLF** 

• Deer Valley Men, Mark Steidl: 320-760-0279 951-3831

For more information visit scwclubs.com

to access each club's website

- Deer Valley Women, Vickie Mitchell: 541-643-1773
- Desert Trails Men, Gordon Kinkead: 623-584-1264
- Desert Trails Women, Rayma Karr: 573-659-0803; Jane Hevdt. 701-391-8526
- Echo Mesa Men, Curtis Cooper: 253-397-7702
- Echo Mesa Women, Kathryn Peterson: 815-953-6040
- Golf Council SCW, Jim Anderson: 425-750-9258
- Grandview Men, Roger Teel: 949-678-0550
- Grandview Women, Anette Petersen: 602-697-8640
- Lady Putters SCW, Tracy Anderson: 503-559-0361
- Men's Niners, Ron Shelley: 303-506-5120
- Men's Putting, Carl Kempf: 574-360-1526
- · Pebblebrook Men. David Eikner: 970-689-0774
- Pebblebrook Women, Shay Eikner: 970-420-1177
- Pebblebrook Ladies Niners, Susan Sagahon: 623-546-8040
- Stardust Men, Alfred Bramucci: 626-544-0597 Stardust Ladies, Katherine Heisler: 587-377-2886; Gail Selander: 425-375-3552
- Trail Ridge Men, Richard
- Trail Ridge Women, Barbara Murray: 775-750-3363

#### **SPORTS**

SUN CITY west

- Cyclists, Richard Greene:
- Horseshoe Club, Arlin
- Chris Bangsund: 360-842-
- Mis-Cues, Beverly Randall: 623-444-9749
- Racquetball/Handball,
- Greg Steger: 563-271-3053
- 6521; or Paul Weschitz, 480-330-4369
- 623-606-2361
- Graff: 623-238-3499; in-Diane Heisner: 248-703-8242
- Tennis Club, Ron Wambach: 414-559-0815; includes: Platform Tennis, Butch Lynd: 618-581-0729; Table Tennis, Lanny Leathers: 623-584-6231; Chartered Clubs leader-

ship is subject to change. The list will be updated as necessary. Call 544-6031.

#### **ARTS & CRAFTS**

- Art Sun West, Patty Hoffert: 623-760-6369
- Artistic Hand Lettering, Cards & Mixed Media (formerly Calligraphy West), Judy Ross: 623-521-4868; Lyn Vergauwen: 623-777-0411
- Basketeers, Elaine Biondo: 314-660-1807
- Beaders, Allie Raven: 651-269-5739
- Ceramics West, Pat Eggersgluss: 612-802-0440
- Clay Club, Lynn Kellas: 971-808-9294
- Copper Enameling and Glass Arts, Patti Burelson: 818-605-5565
- Creative Silk Flowers, Beverly Owens: 623-546-6779
- Creative Stitchers, Jeanette Hill: 815-347-2665

• Decorative Art, Rhonda

- Potts, 317-435-9456 • Encore Needle & Craft, Maryanne Edens: 507-254-
- 2758 Johnson Lapidary, Patrick Marshall: 509-480-
- Leather Carvers, Kyle
- Betz: 480-341-2057 • Mac-Cro-Knit, Sharon Moore: 816-529-7339
- Metal Club, James Chitwood: 623-584-0150
- Palo Verde Patchers, Nancy Steely: 602-481-7128
- Photography West, Jim Keane: 623-444-2509
- Porcelain Painters, Shannon Smith: 623-237-1813
- Rip 'n' Sew, Debbie Dorn: 425-452-1140; Jeanne

- Phillips, 623-523-9675
- Scrapbooking, Papercrafts & More, Lynne Marion: 440-666-6386
- Silvercraft, Linda Rusch: 623-444-5504
- Stained Glass Crafters. Peggy Harding: 209-620-8140
- Weavers West Guild, Carol Price: 623-500-9344: Mary Wilder: 509-999-3164
- Woodworking, Merrikay Vidal: 602-526-1234

#### **CARDS & GAMES**

- Bridge One Partner, Dianne Wuethrich: 715-556-2653; Tuesday Contract, Sharon Treinen: 623-584-
- Bunco, Annie Heerup: 602-628-9255
- Card Players of Sun City West, Darrell Stachler 513-433-8230. Includes: Bid Euchre: Darrell Stachler 513-433-8230; Euchre, Diana Ringsmuth: 602-908-3425; Five Hundred, Dan & Karen Luska: 815-919-4742: Pan, Janie Fallon: 623-332-6560; Sheepshead, Rodney Schwarzhuber: 262-352-3810; Scott Hennecke: 623-243-9512
- Club 52 Card Club, Dana Sledd: 253-670-5850
- Cribbage, Arlin Bates: 605-939-5757
- Mah Jongg, Barb McCart: 623-330-5708
- Men's Club, Ron Parsons: 630-400-8869
- Pinochle, Louis Bonar: 847-404-9835

 Saturday Night Gamesters, Louis Bonar: 847-404-9835

#### **DANCE**

- Country Western, Maureen Riter: 719-235-2420
- Line Dancers, Martha Williams: 623-202-3047
- Rock 'n' Roll Dance. Pamela Spears: 480-259-7281

#### **HEALTH & FITNESS**

- Arthritis Club, Mary Jo
- Monten: 623-975-6671 • Energetic Exercise, Glo-
- ria Schroeder: 623-986-9392 • Fitness Club, Marilynn
- Shaw: 541-980-4444 • Handi-Capables, Graceann Lamberta: 518-
- 965-5019 • Water Fitness, Sandra
- Forsey: 623-261-7889 • Yoga, Jack Leary: 480-420-6407

#### **HOBBIES**

- Agriculture, Jim Gricol: 623-584-1465
- Automotive Restoration, Dean Lewellen: 623-363-
- 4457 • Broadcast, John Christianson: 847-533-6958
- Computers West, Pat Kenevan:623-214-1546 • Desert Garden Club,

David Wiegand: 715-370-

- Investment Club, Steve Cratsenberg: 360-481-3976; includes Coin & Stamp, Donald King Sr.: 623-249-5460
  - Model Railroad, Bob

Don Lothrop: 623-414-2940

- Paulette Halle: 623-440-9738. Includes: Barre/Ballet, Hula, Jazz, Musical Theatre, Tap, Clogging, Jazzy Poms,
- Karaoke, Byron Broth-
- Stardust Theatre Coun-
- Theatre West, Steve Johnson: 402-432-1586

- Boomers, Pam Kiest:
- Canine Companions,
- Club Español, Mimi Williams: 651-353-5289
- LGBT Club, Jim Allen:
- Singles Club, Sharon
- Sunshine Animal Club. Robert Stebbins: 623-544-
- Zymurgy, Robert

Coon: 623-223-6179

- Bocce, Carol Card: 207-
- Bowlers Association, Jim Maley: 708-254-0236
- 541-912-2280
- Bates: 605-939-5757 • Johnson Lawn Bowls,
- Mini-Golfers, Pat
- McKenna: 510-299-0257
- Pickleball, Eileen Freyd-
- berg: 480-504-9008
- Shuffleboard, John Hendershot: 623-234-9110; Dennis Webster, 480-524-
- Softball, Craig Hone:
- Sportsman's, Audrey cludes Master Swimmers,

west



## Library

Library hours are 9 a.m. to 4 p.m. Tuesday through Saturday. Your own

valid rec card is required to enter the building and to



Tracy Skousen Library Director

use the Data Resource Center. Your own rec card is required to check out library materials.

Visit the Library's website at scwlibrary.com

For Library information email: scwlibrary@suncitywest.com or call 623-544-6130.

#### **LIBRARY GROUPS**

Writers Group is 1 p.m. on the second Thursday of the month in Friends of the Library Board Room.

Coloring for Adults is 1 to 3 p.m. Friday in Main Room.



The Friends of the Library Used Book Sale will be from 9 a.m. to 1 p.m. Saturday, Aug. 20.

#### **BOOK SALE**

Looking for something new to read? The Friends of the R.H. Johnson Library will hold it Used Book Sale from 9 a.m. to 1 p.m. Saturday, Aug. 20. It will be held in the R.H. Johnson Social Hall, 19803 N. R.H. Johnson Blvd (next to the Fry's). The Friends' book sales are famous for the excellent quality and enormous quantity of gently used books, puzzles, audiobooks, CDs, and DVDs at bargain prices. Best of all, the sale proceeds always go directly toward purchasing new items for the library. Books and other items for donation are gratefully accepted at the library, 9 a.m. to 3 p.m. Tuesday through Saturday. Thank you to all the volunteers and donors that make the book sale possible.

#### **ONLINE RESOURCES**

Did you know that those living in Maricopa county have access to many library resources not just those found in our R.H. Johnson Library?

The Arizona State Public Li-

brary has online resources available to everyone living in Arizona. To access them go to azlibrary.gov/dazl/online-reference-resources. To access these resources you don't need a library card. The login requires your Arizona zip code. Some of the resources will then require you to create a login for that specific resource.

There is a wide variety of on-







line resources for your use. There is a collection of Chilton automotive repair manuals and a business reference database. There are several resources for literature. NoveList Plus provides lists of read a likes to your favorite titles and authors.

If you are interested in learning new language skills, you can try out Pronunciator. There 163 languages to choose from. Learning Express Library has a section on computers skills that you can take online courses in.

You can find collections of academic journals and online newspapers from the US and around the world in Gale's InfoTrac Newsstand such as New York Times and USA Today.

The State library has a collection of resources about Arizona. These include: historic Arizona newspapers, oral histories, Arizona maps, and eBooks about Arizona.

Visit azlibrary.gov/readingarizona-ebooks to access eBooks about Arizona.

Maricopa County library provides access to more online resource and eBooks and audiobooks. There are four Maricopa County Public Libraries within 15 minutes driving distance of Sun City West. The Maricopa County library has streaming movies and a bigger collection of ebooks to choose from. The Libby app allows you to add multiple library cards so you can find books at both libraries. The Phoenix Public library and Glendale Public Library offer ecards to access their online resources only to anyone living in Maricopa county. The registration can be completed online and you never have to leave Sun City West to access their electronic resources.

Recreation Centers of Sun City West

#### **LECTURE SERIES**

Come join us in the Lecture Hall of the R.H. Johnson Recreation Center (19803 R.H. Johnson Blvd.) at 2 p.m. Wednesday, Aug. 31, for the Friends of the R.H. Johnson Library lecture about nutrition presented by Dr. Sandra N. Mayol-Kreiser. Doors will open at 1:30 p.m. This is a free event, but tickets are required for limited seating of 90 people. Tickets are available at the library checkout desk.

What does the first three letters of the word DIET spell? It spells die and the T is for temporary. This is one of the reasons we often fail when we follow a new diet. We need to forget about temporary diets and instead think more about lifestyle. Come and learn about the health benefits of following the Mediterranean lifestyle and ways to incorporate more fruits and vegetables in your lifestyle with a focus for aging health needs.

Sandra N. Mayol-Kreiser, is a clinical professor in the College of Health Solutions at Arizona State University. Sandra received her bachelors degree from Baylor University and both her masters and a PhD degree in Nutrition from Texas Women's University. Sandra is a registered dietitian nutritionist and completed her dietetic internship training at Baylor Medical Center in Dallas. She is also a certified nutrition support clinician. Currently, she teaches medical nutrition therapy courses, Geriatric Nutrition, Nutrition Focused Physical Assessment, and is the Assistant Dietetic Internship Director at ASU. Sandra's research interests include preventive care, chronic disease management, nutrition support, geriatrics, and maternal health.

The Friends of the R. H. Johnson Library provide the funding for this lecture.

## **Stardust Movies**

"The Eagle Huntress"



"The Eagle Huntress" follows Aisholpan, a 13-year-old girl, as she trains to become the first female in 12 generations of her Kazakh family to become an eagle hunter, and rises to the pinnacle of a tradition that has been handed down from father to son for centuries. Set against the breathtaking expanse of the Mongolian steppe, "The Eagle Huntress" features some of the most awe-inspiring cine-

matography every captured in a documentary, giving this intimate tale of a young girl's quest the dramatic force of an epic narrative film. (C) (2016) (1hr 27m) (G).

#### **AUG. 11** "Dead Again"

Mike Church (Kenneth Branagh) is a Los Angeles private detective who specializes in finding missing people. He takes on the case of a mute woman named Grace (Emma Thompson), who is suffering from a total amnesia and doesn't even know her name. She keeps having nightmares involving the murder of a pianist named Margaret Strauss (Emma Thompson) by her husband, Roman



(Kenneth Branagh), in 1949. (C) (1991) (1h 47m) (R for language and violence).

#### **AUG. 18** "In the Line of Fire"



Veteran Secret Service Agent Frank Horrigan (Clint Eastwood) is a man haunted by his failure to save President John F. Kennedy while serving protection detail in Dallas. Thirty years later, a man calling himself "Booth" (John Malkovich) threatens the life of the current president, forcing Horrigan to come back to protection detail to confront the ghosts from his past. (C) (1993) (2h 8m) (R for some language and violence).

#### **AUG. 25** "Love Story"

"Love Story," one of the most romantic movies of all time, is still as impactful as ever. Nominated for seven Academy Awards, including Best Picture, and based on Erich Segal's bestselling novel. Harvard students Oliver (Ryan O'Neal) and Jennifer (Ali Mac-Graw) come from opposite backgrounds, but they share a chemistry they cannot deny and a love they can't ignore. (C) (1970) (1H 40M)



Starting in August the Friends of the Library is requesting a donation of \$3.

#### STARDUST THEATRE

Kuentz Rec Center (R.H. Johnson Blvd. at Stardust Blvd.) Friends of the Library movies are open to Sun City West residents and their invited guests. \$2/person donation - (Doors open at 6 p.m.)

Program starts at 7 p.m. or when all seats filled. Please, no saving seats

(Hearing assisted devices are now available for your use) Please no food or drink in the theater scwaz.com/category/movies

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## Golf/Sports

Recreation Centers of Sun City West





## **Ease into golf with SCW Green Team**

The Sun City West Green Team is a recreational and developmental golfing program.

What does Green Team offer?

- Low cost and free clinics instructed by PGA Professionals.
- Annual First Swing Event for beginner golfers.
- Golfing Mentors.

Green Team 101 Program:

- Facilitates the sharing of information to a beginner golfer and reinforces this same information for all other golfers.
  - Review golf rules, policies, and etiquette.
- On-Course Reviews: Mentors take the classroom presentation out on the course.
- The Goal is to help golfers feel less intimidated and learn the correct way to play golf.
- Meet great people!

For more information, visit suncitywest.com and click "GOLF" then "Green Team" or send an email to greenteam@suncitywest.com and join the fun.

## **Moment of truth**

"Reverse every natural instinct and do the opposite of what you are inclined to do, and you will probably come very close to having a perfect golf swing." - Ben Hogan

I find it interesting that some of the best natural athletes I knew growing up, struggled with golf once they began to play it more regularly as they got



Pat O'Hara **Golf Operations** Manager

older. They would hit the ball well at times but struggle "big time" for most of their golfing career. It is not that they lost their hand eye coordination; it is because they didn't know the dif-

ference between a golf swing or throwing a ball or shooting hoops.

Watch any good athlete throw a baseball, football or shoot hoops and you see a consistent motion at the release point. There is one big difference in that motion at release than that of a golf swing at impact. The right wrist (for a right-handed athlete) gets released in a different manner in the three sports mentioned than it does in the golf swing. Pick up a ball and throw it. Notice how the wrist is fully released in the follow through. The wrist passes the forearm and helps create speed or velocity for the object being thrown. Not in golf. The right wrist stays bent (wrinkles on the back of your right wrist) at impact. The release is a rotational

motion rather than a bendingstraightening-bending motion of the wrist. Watch Tiger Woods when he swings and well after impact with a short iron. Notice the flat left wrist and bent right wrist. This is the position to copy in the golf swing. This is the moment of truth.

For help with your game reach out to the following Sun City West golf instructors:

Mark Adcock, PGA – 623-544-6470; Paul Grucza, PGA -623-544-6555; Nibby Musso, PGA - 623-544-6489: Jack Sommers, PGA – 623-544-6607; Mike Williams, PGA – 623-544-6037; Patrick O'Hara, PGA -623-544-6499.

Dave Arend can be reached at the Golf Lab at Grandview Golf Course by calling 623-544-6577.

## Reminder: Double check lottery request

Whenever a lottery request is submitted on the web portal, regardless of whether a lottery request confirmation email is received or not, the booking member should check their "My Itinerary" file to ensure the request was completed. If the request doesn't appear in the "My Itinerary" list, the lottery request

should be resubmitted, more than likely due to not completing the original lottery request.

## **Frequently Asked Questions**

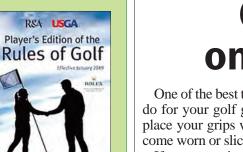
**Bunker Filled with Water** 

Q: The bunker is filled with water what are my options?

A: When the bunker is filled with temporary water, you may play your ball as it lies or take free relief in the bunker. When taking free relief, you must find the nearest point of complete relief in the bunker and drop within the one club-length relief area (see Rule 16.1c(1)). If complete relief is not available, you may take free maximum available relief in the bunker and drop within the one clublength relief area from the point of maximum available relief (see Rule 16.1c(1)). Additionally, for one penalty stroke you may drop a ball outside the bunker



by going back-on-the-line as far as you'd like keeping the point where your ball lies in the temporary water between you and the hole (see Rule 16.1c(2)).



## Holes in One



<u>NAME</u>	<u>DATE</u>	<u>COURSE</u>	<u>HOLE</u>	<u>YARDS</u>	<u>CLUB</u>
Frank Lahti	6-1-22	Pebblebrook	8	115	9 iron
Bill Vines	6-2-22	Echo Mesa	11	101	9 iron
Ronald D. Dalton	6-3-22	Echo Mesa	2	94	PW
Robin Wilbanks	6-4-22	Deer Valley	2	111	8 iron
Amanda Weese	6-9-22	Desert Trails	4	78	7 iron
Mary Siotkowski	6-9-22	Desert Trails	17	86	5 Hybrid
Ron Jensen	6-9-22	Pebblebrook	11	152	7iron
Ron Burback	6-8-22	Grandview	15	139	7 iron
Vicki Mitchell	6-14-22	Pebblebrook	8	94	9 iron
W. Fred Baumgarten	6-20-22	Pebblebrook	8	108	9 wood
Alan Lambert	6-27-22	Pebblebrook	8	125	8 iron
Lorraine Snider	6-30-22	Desert Trails	8	84	9 iron
Frank Debold	6-30-22	Trail Ridge	7	145	8 iron

## Get a grip on your game

One of the best things you can do for your golf game is to replace your grips when they become worn or slick.

If you are seeing worn spots in either your grips or on your golf glove you quite possibly have a grip issue. Your hands are changing position during your golf swing causing friction. The friction shows itself by either leaving wear patterns on your grip or putting holes in your glove.

I would suggest a couple of things if you find your grips in disrepair. First, if the grips are slick, try cleaning them with hand soap and warm water using a toothbrush or hand brush to help clean out the indentions or grooves. I find that this process will help extend the life of your grips by possibly another golf season. If you have a spot where your thumb or fingers have made a slight indention to the grip I would suggest replacing those grips and taking a lesson on how to improve your grip. Chances are you are re-gripping in the swing and creating move-



ment in your thumb, fingers or palm. This is where most inconsistencies in ball contact begin.

At Grandview Golf Course we have the Golf Lab available to service your needs in this area. The Golf Lab can replace grips, shafts, adjust loft or lie, shorten or lengthen shafts usually within 24-48 hours, makes Sun City West a great place to improve your golf game or at least confirm your equipment is in optimal condition. You can reach the Golf Lab by calling 623-544-6577 or visit dagolflab.com.

The Golf Lab is at Grandview and hours of operation are usually 9 a.m. to 5:30 p.m. Monday through Saturday.



## **Bowling/Fitness**



## Relax with Reflective Enterprises

Need a massage? Book an appointment with the talented massage therapists from the Reflective Enterprises team. They are conveniently located at the R.H. Johnson and Kuentz Recreation Centers. Learn more at the links below.

www.suncitywest.com

Please welcome Monique to the Reflective Enterprises team. Monique recently relocated to Arizona and looks forward to work at Reflective Enterprise spa. She has more than of 10 years a massage therapist and expertise in a full range of massage techniques. She adept at a variety of techniques in Swedish, deep tissue, sports, prenatal and remedial massage. She specializes in trigger point, neuromuscular, cupping, guasha, and assisted soft-tissue mobilization modalities. Her ability to understand a client's preference and needs allows her to use only the best massage technique for each massage session.

Her hours are: 9:30 a.m. to 2 p.m. Monday at Kuentz; 2:30 to 7 p.m. Monday; 10 a.m. to 5 p.m. Tuesday at R.H. Johnson.

The Reflective Enterprises team:

#### Katie

• Owner, LMT, LMA, BHS

- 15 years massage experience; seven years aesthetician
- Located at R.H. Johnson Rec
- Deep tissue, sports, active release, therapeutic, Swedish, CBD, cupping, hot stone, body wraps, scrubs, facials

#### Umar

- LMT
- 21 years massage experience
- Located at R.H. Johnson Rec Center
- Deep tissue, Swedish, headache relief, Reiki, reflexology, sports, active release, CBD

#### Monique

- LMT
- 10 years massage experience
- · Located at R.H. Johnson and Kuentz Rec Center
- Deep tissue, therapeutic, Swedish, sports, active release,







cupping, CBD, wraps and scrubs

#### **Ashley**

- PEMF specialist, Reiki master, LMT student
- · Located at Kuentz Rec
- Pulsed electromagnetic field therapy: reduce pain, in-

flammation and recovery time; increase flexibility, stamina and bone density.

The service menu features: 60-minute massage - \$70 90-minute massage - \$100 60-minute Reiki - \$60 30-minute PEMF treatment - \$40

Facials - \$80

Upgraded massage services:

60 or 90-minute CBD - \$85/115

60 or 90-minute hot stone - \$90/\$125 60 or 90 min-

Cupping - \$85/115 15 minutes Foot Scrub - \$22

#### nnson Lanes Sports Pavilion Sports Pavilion Hours sun Mon Wed Tue Thu Sat Monday - Thursday 9am - 9pm Friday - 9am - 5pm 12 13 10 Saturday - 9am - 9pm Sunday - Closed (623)544-6140 14 Open Bowling Open Bowling Open Bowling Open Bowling Open Bowling STOP CLOSED Live Music Mis-Cues Trivea 24 26 Open Bowling **Lizard Acres Pub** Open Bowling Open Bowling Open Bowling Open Bowling CLOSED Monday - Friday **Mis-Cues** Live Music 28 30 11am - 10pm Open Bowling Open Bowling Open Bowling **CLOSED** Saturday 3pm - 10pm Mis-Cues Sunday - Closed The Music

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## Which HOAs need a reserve study?

Each year the HOA association managers and lawyers who speaker at our annual OHOA Leadership and Advanced Leadership Academies emphasize the importance of obtaining an HOA re-

serve study.
A reserve

A reserve study will evaluate the life span of t a n g i b l e items in



your HOA that need to be maintained, repaired, and/or eventually replaced. A reserve study can recommend appropriate maintenance schedules, replacement timelines, and estimated costs for these items. It is valuable to know not only the average lifespan of each specific item now but also the projected cost to repair and/or replace each item in your budget in the future. An accu-

rate Reserve Study will also estimate the appropriate amount of funding needed in the years ahead and recommend establishing a reserve fund.

A reserve fund is, essentially, a savings account earmarked for specific, and usually known, future expenditures. Reserve funds are obtained by collecting funds from your homeowners through their monthly or yearly maintenance fees now to offset future expenses. All HOA boards should be vigilant about saving and investing funds for future expenses. Without adequate funding for necessary fuprojects, the only alternative is to levy a special assessment to pay for necessary, and often, immediate, improvements. Inadequate funding frequently leads to expensive and immediate remediation.

For example, if an HOA pays for exterior painting every

seven years, it must collect enough funds ahead of the scheduled painting project. Failure to collect the necessary funds before the project occurs will result in the need to collect additional funds through a special assessment at the time it is painted, which something every HOA should avoid.

Of course, there will always be those who look at your budget and say there is "plenty of money" or "too much money" in the HOA accounts. A reserve study will clearly illustrate the need for reserve accounts to your homeowners and that there really is no "extra" money in your association's accounts. Boards must always keep in mind that fiduciary and fiscal responsibilities include preparing for future expenditures not just keeping the current cost at the lowest possible A reserve study should be obtained every three to five years. However, the more services paid by the HOA, the more frequently a reserve study should be obtained. Every HOA board should evaluate the condition of their facilities each year as part of their annual budget process to determine future expenses.

There are companies that specialize in reserve studies for HOAs in the Phoenix area and will put together a reserve study specifically for your HOA. Independent companies are recommended especially for condominium HOAs and HOAs with large budgets.

The OHOA is a 501(c)3 non-profit organization. The office is closed during the summer, but your calls to 623-214-6006 and emails sent to ACHOSCW@aol.com will be answered.



Elizabeth Scott, a member of the Sun City West Master Swimmers, competed in six events at the National Senior Games.

## Sun City West swimmers have 'bold' showing at national meet

A pair of Sun City West Master Swimmers made their mark at the National Senior Games in Fort Lauderdale, Fla., recently.

Elizabeth Scott successfully competed in six events (65-69 age group). Liz exemplified the games slogan of "Growing Bolder" as she employed the strength and skills she has gained in weekly training with

the team.

Wilma Goldmann, at 97 years young, placed third in her age bracket while in the 50 yard Free and 50 yard Back, at 70 and older.

If you are up for the challenge come join us: from 7 to 8:30 am. Tuesday, Thursday and Saturdays at the R.H. Johnson pool. Your life will be changed forever just like Liz's.

# Meals on Wheels ready to help; seeks volunteers

Need help with preparing meals or grocery shopping while falling in or after surgery? Sun City West Meals on Wheelsis happy to help. We deliver meals six days a week, Monday through Saturday. You may choose to receive meals all six days or however number of days that will meet your needs. Two meals (hot and

cold) are included in each delivery and the cost per day is \$10.50. Call us at 623-455-7680.

To inquire about volunteer positions send a letter that includes your interest or talents to:

June Hell 14951 W. Buttonwood drive Sun City West, AZ 85375



# Sun City West Foundation offers room space

The Sun City West Foundation/Helping Hands Foundation has eight different size banquet and meeting rooms for your convenience and we are set up to accommodate events of all sizes. We're open to clubs, social groups and private parties. Our rooms are available seven days a week at competitive rates, including set-ups, catering kitchens, Wi-Fi and much more.

If you need an extra bed or items for visiting grandchildren such as cribs, high chairs, strollers, etc. Helping Hands is here to help you. And, of course, Helping Hands is always here to help with medical equipment if you are having surgery or suffering from a short illness.

## Community Fund helps deflate "inflation"

Are you having problems making your monthly utility bills, medical or dental bills, all the costs of keeping up in this high-priced world? Inflation has hit us hard lately and we are only a phone call away. If you are having financial problems with groceries, gas and rent, our

charity organization is available to help folks who have been residents of Sun City West for at least one year. We have an organization since 1982 that is here to help folks who have lived in Sun City West for at least one year. We are a charity 501(c)3 with funds donated by our community who want to help those who are financially underwater in Sun City West.

The Community Fund of Sun City West



provides a confidential financial safety net for our neighbors experiencing financial hardship. If you need help paying your monthly utility bills, rent or mortgage or other expenses of daily living please give us a call at 623-546-1122, which is our hotline and is answered 24 hours

a day, seven days a week, so a volunteer can return your call promptly.

We are also looking for volunteers who want to assist our clients seeking help.

Call the hotline at 623-546-1122 to speak to a volunteer, leave your name and phone number to get the help you need. We are here to get our neighbors through these tough times.

## All States Clubs

SUN CITY WEST

#### **ILLINOIS**

On July 23, at 8:30 am, the members of the Illinois State Club of Sun City West will get together for our monthly breakfast at Betty's Rooste.

Up and coming events include:

Aug. 13, 8:30 a.m. - monthly breakfast at Chompies in Glendale

Aug. 25, 5 p.m. – dinner at Trivoli Gardens

Sept. 3, 8:30 a.m. - monthly Breakfast at Trivoli Gardens.

The directors are also in

process of planning fall/winter activities for 2022.

If you or your spouse/significant other have ever lived in Illinois, we would welcome and encourage you to join this lively, fun-loving group. For more information or a membership application, please contact Betty at 217-415-4456.

#### **PENNSYLVANIA**

The Pennsylvania Club meets for events and activities every month September through May. If you or your spouse have a connection with Pennsylvania, please consider joining our club. Our activities are well attended and fun.

We will have no activities through August but look for pop-up lunches. In September we will have a Welcome Back meeting at Tailgaters, our annual meeting and elections in October, and dinner at Top Shelf Mexican Restaurant in November. December will be our Happy Holidays party! Lot's more coming in 2023.

Our yearly dues are \$10 each

member. For more detailed information call Ron or Linda at 623-214-7855 or email rlk15379@hotmail.com.

#### **WASHINGTON STATE**

The Washington State Club has no planned events for June through September. Please have a wonderful summer and we look forward to seeing you in the fall. We encourage new members to join the club and receive our emails. Please visit washstclub-scw.com for membership and event information.

Submit All States Club news by the first day of each month (for the next month's Rec Center News) to:

michael.melissa@suncitywest.com All submissions for September are due by Aug. 1. If you do not have a computer, please drop off your submission in the Membership Office. If you have questions regarding club submissions, call Michael Melissa at 623-544-6519

Membership is \$10 for residents of Sun City West, Sun City Grand, Sun City and Corta Bella.



## Club Corner

WEST

## Quilts for a Cause - blanket those in need

Looking for a way to make an impact in our community? You can. Think you need to know how to sew to help make a quilt? Think again!

Quilts for a Cause is comprised of a dedicated group of volunteers from Rip 'N' Sew Club. Pre-Covid, the group completed and donated a record-breaking 800 quilts to charitable organizations in our community and nearby.

Group organizer Darlene Mullen lauded the effort. "Even during the Covid shutdown, the quilting group completed 500-plus quilts," she said.

Quilts are donated to organizations, such as Hospice of the Valley, Ryan House Kids (for kids with cancer), the Sun City West Posse and fire department, and VFW Post #285.

Quilts for a Cause meets regularly on the second and last Tuesday of each month at the Rip 'N' Sew Club. When the need is even greater, a special "sew in" is planned. A recent sew in saw 30 volunteers spend a day finishing quilts that were then donated to Hospice of the Valley.

"You don't need to sew to be involved," Mullen said. Workers are needed to help trim, cut, hand stitch and pin. This passionate group of volunteers take pride in knowing their quilts provide comfort to others.

Mullen has been a member of the group for at least 22 years. Even during the Covid shutdown when the group wasn't meeting, she completed 78 quilts.

The quilts are greatly appreciated by the organizations. Hospice of the Valley, for example, provides medical, social and spiritual support to people with life-limiting illnesses who want to be cared for in the comfort of their own homes. Diane Walton, a retired Hospice of the Valley employee, business development consultant and 17-year volunteer, explained that the quilts provide comfort to patients and their families

"It's a joy to behold," Walton said.
"We thank the Rip 'N' Sew members and extend our deepest appreciation on behalf of the patients and families for the comfort and joy your quilts provide."

Patriotic Valor Quilts are presented to veterans. The Sun City West Posse and Fire Department distribute the quilts at car accidents and home fires.



Diane Walton, left in the back row, volunteers at Hospice of the Valley. She came to Rip 'N' Sew's Quilts for a Cause "sew in" to pick up 60 quilts the group made for hospice clients. The other women are Quilts for a Cause volunteers. Besides the quilts for hospice, another 15 were Quilts of Valor for members of a Peoria VFW Post.

The fabric used in the quilts frequently is donated club members or those in the local community who no longer sew. The Rip 'N' Sew Club pays for batting used in the quilts and other necessary supplies such as thread.

So, if you're looking for a lovely way to spend time giving to others, consider helping to continue a wonderful Sun City West tradition by volunteering your time on the second and last Tuesday of the month. Volunteers must be current Rip 'N' Sew mem-

Quilts for a Cause members who sew quilt tops for others to batt, back, sew and tie recently held a show and tell. Some of those tops became finished quilts by day's end. Those quilts just in time for a hospice representative to pick up about 42.





Left, Linda Logan used donated pre-cut squares in this colorful quilt top. Right, Jackie Hemeon took apart a donated quilt to repair structural damage. She then put it back together for use by Quilts for a Cause. It was one of several of her show and tell items.

# Looking for a slower-paced game? Play Whisperball

I remember playing racquetball in college in the mid 1960s through the

mid-70s at a Philadelphia YMCA. Racquetball was a growing sport at the time, and it became harder to secure court time. In self-defense I began to play racquetball in Richmond, Va. That continued



Fred Schneider

for about 40 years, until a few health issues kept me off the court for some time.

Our move to Sun City West enabled a fresh look at racquetball where I learned a new game – whisperball. Even though my wife never played racquetball, she has become an avid whisperball player also.

The game has similarities to racquet-



Eileen Scharff in the front getting ready to hit the ball to Bob Turney dring a game of Whisperball.

ball. It is played on a racquetball court with racquetball racquets. Safety glasses and non-marking (no black soles) court shoes are required. Racquets and safety glasses can be borrowed at the monitors desk after checking in and balls are available for free at the courts.

There are differences to racquetball, including the slower pace and a softer ball. Two bounces are allowed so that once the ball is in play after hitting the front wall the returning team must keep the ball in play by hitting the ball before it has a third bounce on the floor.

In 2017, Racquetball Club member Larry Lacome wrote an article for a Valley website (azcentral.com) that described the benefits of whisperball:

"We usually play doubles, but you can also play singles or cutthroat for a more intense workout. If you enjoyed racquetball years ago but are concerned about speed and physicality, then whisperball might be an option for you to consider. The game not only provides a good workout it also gets the endorphins going and will make you feel great. The game is easy to learn in 20 to 30 minutes and you are ready to start playing with the guys and gals at the racquetball courts in Sun City West. There is minimal difference in playing between men and women due to the ball used."

The balls used by players at Sun City West are tennis teaching balls. The racquetball courts at the R.H. Johnson Rec Center are in the breezeway across from the Table Tennis area before you get to mini golf and bocce courts. The courts are currently reserved for whisperball play at 2 p.m. Tuesdays and 1 p.m. Saturdays. Come by and learn more about the game. Look for us during the club open house in the fall when more information will be available about all the club has to offer.

Fred Schneider is a member of the Racquetball Club.



Stay current with your community. Be sure to "Like us" on Facebook. facebook.com/suncitywest.



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## ub Corner

#### **HOW TO SUBMIT CLUB NEWS:**

The deadline for Club Corner submissions is the first Friday of each month for the following month's publication. Deadline for the September Rec Center News is noon Friday, Aug. 5. Club news must be submitted every month. Please email club news to michael.melissa@ suncitywest.com. In the subject line, show your club name and the month. Submissions should be 200 words or less.

#### **ART**

Have you always wanted to try your hand at painting? Summer might be just the time for you begin or resume an interest in art. We also are encouraging our members to make use of the club studio for Open Art. Our "cool" studio will be available for Open Art for groups of two or more club members from 9 a.m. to noon Mondays, Wednesdays and Saturdays. Members may pickup the key at the pool office to use the art room and then return key to that office afterwards, making sure lights are off and doors are locked. There must be at least two members there when using the art room. It will be an ideal time to paint while visiting with other club members during the warm days ahead.

The Art Club still has regular classes scheduled through the summer. On Wednesdays we will have "Fundamentals of Drawing and Composition" with Coutts from 1 to 4 p.m. Oils with Buckbinder will be from 9 a.m. to noon Thursdays. Coutts will offer Acrylics and Oils from 9 a.m. to noon Fridays. All classes are in our art studio at Kuentz. Remember, supplies are not provided by the club for regular classes and workshops, and students need to check the recommended supplies listed for each class. Come and find out about this great club. Registration online is simple. Check out our website at art.scwclubs.com for all the details about membership and classes. Happy paint-

#### **ARTISTIC** HAND LETTERING. **CARDS & MIXED MEDIA**

Welcome to Artistic Hand Lettering, Cards and Mixed Media!

Did you ever want to create a card or a handmade gift for that special event? Come join us from 10 a.m. to 4 p.m. Mondays, 6 to 9 p.m. Wednesday evening, or Friday from 9 a.m. to 4 p.m. We have lessons on many types of artistic creations and would love to have you

If your club is interested in learning how we can show your members how to enhance your specialty please contact us through our email address ahlcandmm@gmail.com, or drop by and see us. We would love to meet you and share our many forms of art!

Our club meets from 10 a.m. to 4 p.m. Mondays for various crafts, 6 to 9 p.m. Wednesday for Mixed Media, and 10 a.m. to 4 p.m. Fridays for classes and open creation time. You'll find us in the Pueblo room at the Kuentz Rec Center.

For more information be sure to check our website at scwclubs.com.

Come join us for a fun learning experience on any of our club days, we



Two of our members, Reny Missos and Dianna Jones created this lovely flag for our bulletin



would love to introduce you to our world of Artistic Hand Lettering, Cards and Mixed Media!

#### **BOOMERS**

Looking for fun? No need to be bored this summer. Come join the Boomers Club, a great way to meet new people and have a good time. Many of our regular weekly activities are still under way as usual - water volleyball, acoustic jam sessions, wine tasting, Rummikub, slow motion dance, Hand and Foot, etc.

Our Lakeside Bar and Grill Happy Hour is scheduled at 6 p.m. Monday, Aug. 15. Contact Barb and Bob Murray at bb@bbmurray.com by Aug. 14 for reservations.

Our Boomers Happy Hour Dance is set for 5:30 p.m. Friday, Aug. 19, at the Palm Ridge Recreation Center with music by the Jumping Chollas. Food and beverages allowed, ice provided.

For "Summer Fun on a Sunday Afternoon," join other members for a wine and dessert activity in the Kuentz clubhouse from 3 to 5:30 p.m. Aug. 28. Bring a beverage for yourself and a dessert to share. Cups, napkins, glasses, etc. provided. Other new events may be added at any time. Be sure to review details and how to sign up, easily found on our website calendar at scwboomersclub.com. Find out what other neat things are in the works and how you can help make our club even more special. Where else, but as a member of the Boomers Club, can you be part of so many great activities!

#### **BASCW (BOWLING)**

Bowling is fun! The friendships are great! Bowling is enjoyed by more people than any other participatory sport in the world. The Bowlers Association of Sun City West promotes bowling, creating an environment designed to sustain a high level of fellowship, sportsmanship and friendly individual competition.



What do you do with those tin cans when you've emptied them of their products? You make art! This planter (photo left), alng with other pieces, were made from tin cans by members of our club on a Mixed Media night taught by Judy Ross. Such fun and what a great way to reuse/recycle our waste. Above, the class given was how to use glossy accent techniques. Not sure what "glossy accent techniques" are? Come join us and you will learn all about this beautiful artful technique.

Recreation Centers of Sun City West



We do all sorts of art on our Mixed Media Wednesday nights. One night we created this beautiful glass cup art piece. This photo (right) was taken at one of our member's homes that recently moved back home. Barbara Rainey's beautiful art classes will be missed by those of us in the Artistic Hand Lettering, Cards and Mixed Media club!

The BASCW (Bowling Club), is in full swing! We will be bowling on Saturday, Aug. 27, and then every other Saturday. Please note, the BASCW is a Sun City West Chartered Club, not just a bowling league. As a Club member, you can choose to bowl or not. There is no firm time commitment. Bowl as your time and schedule work for you.

The BASCW sign up book is on the table/display desk in the center of the bowling lanes. Payment envelopes are next to the book and can be put in the "payment mailbox" that abuts the desk.

We bowl a handicap No-Tap format meaning nine or 10 pins down on the first ball is a strike. The cost to bowl is \$10 per member and \$11 for Sun City West resident guests. The fee covers the lineage and the payout to participating members. About half of the member bowlers will receive a payout of \$5 to \$10. Member bowlers can also participate in the "3-6-9 pot," the "300 pot" and the 50/50 raffle. If you want to participate in these activities, you must pay

with the correct change.

BASCW (Bowling Club) invites all residents, no matter their bowling skills, to join us for an evening of fun on a bowling night Saturday or on Tuesday afternoon in the summer. If you have not bowled for some time and want to get back in the game, this is a perfect opportunity to "try out the club" and see if you would enjoy being a member. Handicapping levels the playing field and gives all participants a chance to win some prize money. Membership is \$10 per year. Membership forms are at the counter in the center of the bowling

For more information, visit bascw.net or call Judy at 218-234-1091

#### **BRIDGE - ONE PARTNER**

The One Partner Bridge Club extends a cordial invitation to all Sun City West residents to join them each Wednesday

night in the Beardsley Rec Center card rooms for social contract bridge. All skill levels are welcome. We play to have fun and socialize with friends. Sign-up begins at 5 p.m. and play begins between 5:45 and 6. It is suggested that players arrive early to ensure an available table.

You must have a partner to play and both partners must be in attendance before purchasing their tally. If you don't have a partner, we might be able to pair you up with someone. Please contact us.

The cost for club members is \$1 per person per evening. Club membership is \$5 per person annually with a valid rec card. Invited guests are welcome to play three times.

We play six hands and then rotate, four rotations, 35 minutes per rotation. Our website is bridge.scwclubs.com.

For Information, please contact vice president Barbara Carl at 623-521-2515.

#### **BRIDGE -**TUESDAY CONTRACT

The Tuesday Contract Bridge Club meets at the Beardsley Ocotillo Card Room. The purpose of the Tuesday Contract Bridge Club is to have fun while playing social, mixed partners, contract bridge. You don't need a special invitation or a partner (and there is no pre-registration), just come and join the fun with a wonderful group of people! All player levels are welcome, but you must have a basic understanding of Bridge. We meet Tuesdays with doors opening for registration beginning at 11:30 a.m. Play will start as soon as everyone is checked in. New members with a valid rec card are welcome! Membership is \$5 per year plus 50 cents per session. Guests with a rec card can play twice per year at \$1 per session before deciding to join. For more information, visit tuesdaybridge.scwclubs.com or call vice president Mary Vraney at 623-236-

#### **BUNCO**

Looking for a way to make new friends or looking for something to do on Wednesday nights? Join us for two hours of fun and comradery.

Bunco is a dice game which originated in England more than 200 years ago. If you can roll dice, you can play this game. No skill required! We meet every Wednesday night in the Sagebrush Room at Beardsley Center. The doors open at 5 p.m., sign up ends at 5:50 and Bunco play starts at 6. New players should arrive by 5:30. Membership is \$10 annually. Guests are \$2 per night. The entry to play is \$1 per night. All entries are returned as prize money nightly. Open to Sun City West resident rec card holders and their guests. For additional questions, please contact Annie Heerup, club president, at 602-628-9255.

#### **CLAY**

Due to remodeling within the club, the Sun City West Clay Club will be closed Aug. 1 through Aug. 31. We do not have a firm reopening date at this time. Please check for signs on the door or visit the Clay Club website for up-

Big changes are in store for the fall! Sign up and payment for classes will be our new class website. sewclayclub.corsizio.com, and our IT team is planning to use the same system for monitor sign up. The Club Library is ready for those seeking new ideas and new techniques. Our new monitor station will be updated and refreshed, the patio fence should be upgraded, two new wheels and a new slab roller are expected to arrive in early September, and the club will be thoroughly cleaned before reopening.

Check out our Facebook group page for members. See some great art as well as hints and accomplishments by your fellow members! Go to the Sun City West Clay Club group page and ask to join.

As always, the best source of current information for the Clay Club can be found on the Clay Club website at clay.scwclubs.com. The Clay Club is in the Beardsley Recreation Center, 12755 Beardsley Road.

Watch for new fall activities and classes in the September issue of the Rec Center news Club Corner.

#### **CLUB 52 POKER**

Poker - Club 52 plays Texas Hold'em on Tuesday and Thursday evenings, doors open at 4 p.m., cash games start at 4:30, tournament starts at 5, but come early to sign up.

We meet in the card room of the Men's Club building, located on Meeker Road just north of the R.H. Johnson Library. All Sun City West men and women with a current rec card are welcome as a new member or guest.

Limit cash games and no limit tournaments are offered nightly.

Limit cash games played are: 25 cents small and big blind; 25 cents and 50 cents small and big blind; \$1 small and big blind; and \$ 1-\$3 spread limit.

No limit tournaments on Tuesday have a \$20 plus \$5 buy-in. These players receive \$10,000 in tournament chips and a \$5 bounty chip. A higher buy-in tournament is offered on Thursday but without a bounty chip and a "Big Stack" tournament on the third Wednesday of each month. Nightly tournaments always return 100 percent of buy-in as

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Call Tours & Scheduling to book your reservation today at 623-544-6030. For information on Allied Tour & Travel view their video at the top of our Tours and

Scheduling page (under Things to Do) on uncitywest.com. Allied Tour and Travel, along with the **Recreation Centers of Sun City West are following** state mandates concerning the wearing of masks on board the motorcoaches. Please read the "Safe and Secure" Healthy Travel Plan included as a part of you Travel Itinerary for detailed information regarding ou approach to your safety. Masks may be required for your trip dependent upon restrictions or mandates at the time of your departure.

#### **CELEBRATING 50 YEARS -ALBUOUEROUE BALLOON FIESTA**

#### Tuesday - Friday, Oct. 4-7 **BALLOON FIESTA SPECIAL EVENT -CELEBRATING 50 YEARS**

Each fall, pilots, crews, and spectators from all over the world come to the Albuquerque Balloon Festival, known as the Albuquerque International Balloon Fiesta, the world's largest hot air ballooning event. For nine days, during the first full week of October, hundreds of colorful balloons float above the city each morning as dawn breaks over the Sandia Mountains It's no wonder this visual feast is said to be the world's most photographed event. This year marks the 50th year of this spectacular fiesta - a must-see event! Come along for a memory

Cost is \$1,195 per person double occupancy; \$1,589 single occupancy; or \$1,079 per person triple occupancy. The tour includes: round-trip transportation; three nights accommodation at the Hilton Garden Inn Albuquerque Uptown; two special events at the 2022 Balloon Festival: Morning Mass Ascension and Evening Special Shape Glowdeo; self-guided tour of the Anderson-Abruzzo Albuquerque International Balloon Museum: visit to Historic Santa Fe, NM; three breakfasts; dinner at High Noon Restaurant; tour guide; driver and guide gratuities; baggage handling; snacks and water.

#### **VERDE CANYON RAILROAD ADVENTURE** with LUNCH

Thursday, Oc. 13

Come along as Allied Tour & Travel heads up to Clarkdale for a memorable day spent in the Verde Valley. Upon arrival, we will enjoy a lunch from the Copper Spike Café located at the Verde Canyon Railroad depot. Before stepping on board, we will

have the opportunity to have a face-to-face encounter with the area's majestic owls and wild raptors, who are all a part of the Arizona Liberty Wildlife program. Next, we'll take a train ride through the heart of Arizona aboard the Verde Canyon Railroad to experience "Arizona's longestrunning nature show." You will savor every moment of our four-hour roundtrip wilderness adventure through this beautiful river canyon only accessible by rail. Vintage cars provide first-class comfort while the panoramic window views transport your imagination to somewhere wild and untamed.

Cost is \$279 per person and includes: round-trip transportation: first-class Verde Canvon Railroad tickets; lunch at Copper Spike Café; The Raptors at the Rails Program by Liberty Wildlife: tour guide: snacks and bottled water; all taxes and gratuities.

#### **DOLLY STEAMBOAT CRUISE & DINNER** at SAGUARO LAKE RANCH Tuesday, Oct. 18

Join Allied Tour & Travel as we head to the Southeastern part of the Valley, where we will explore some of their most spectacular sights. From Sun City West, we will journey to Tortilla Flat, an authentic remnant of an old western town nestled in the Superstition Mountains. There will be time for a light lunch (on own), as you want to leave room for our Cowboy Cookout dinner. Next. we are off to catch the Dolly Steamboat, where we will cruise the inner waterway of the "Junior Grand Canyon." You'll learn the history of the Apache Trail & Canyon Lake and the legend and lore of the Superstition Mountains. Please note only cash or check accepted at the snack bar. After enjoying our time at Canyon Lake, we are off to Saguaro Lake Ranch and should be in time for a beautiful desert sunset. The ranch is on the banks of the Salt River, in the shadow of the Bulldog Cliffs - the perfect setting for our dinner. The hearty menu includes steaks hot-off-the-grill and Chef's Choice of either parbecue chicken or pulled pork along with all the fixins'. It is going to be a spectacular day - bring your

Cost is \$209 per person and includes: visit to Tortilla Flat; Dolly Steamboat Cruise; Cowboy Cookout at Saguaro Lake Ranch; round-trip transportation; tour guide; bottled water and snacks; taxes and gratuities.

#### TONTO NATURAL BRIDGE STATE PARK & Fargo's Steakhouse

Friday, Oct. 21

Come along with Allied Tour & Travel as we head to Tonto Natural Bridge State Park. You will see and





travertine bridge in the world. The discovery of this park was by David Gowan in 1877. a prospector who stumbled across the bridge as he was chased by Apaches. Gowan ended up claiming squatter's rights, and in 1898 he persuaded his penhew David Gowan Goodfellow, to bring his family from Scotland and settle the land permanently. Goodfellows had to lower their possessions down the 500-foot slopes into the valley by ropes and burros. This 183-foot bridge is beautiful from every angle, so don't forget your camera.

Next, we are off to Fargo's Steakhouse in Payson for a delicious alfresco lunch on their beautiful patio. Join us for a fun day in the Tonto National Forest!

Cost is \$159 per person and includes: round-trip transportation; entrance fee to Tonto Natural Bridge State Park; lunch at Fargo's Steakhouse; tour guide; snacks and bottled water; driver and guide





#### LAUGHLIN, OATMAN & LAKE HAVASU GETAWAY Wednesday-Friday, Oct. 26-28

Join Allied Tour & Travel for a good time as we head to Laughlin, Nev., on the Colorado River! On our way there, we will stop in Kingman where you will have the opportunity to visit their Route 66 Museum, which shares some of the stories of travelers, adventurers, and dreamers that have been traveling this road since 1926. We will spend two nights at the beautiful Golden Nugget Hotel & Casino. You can relax and enjoy their riverside property and try your luck in the many casinos dotting the Riverwalk. On Friday, we will visit the quaint town of Oatman, where the burros roam freely in the streets. Next we will head to Lake Havasu, where you will enjoy a delicious lunch overlooking Lake Havasu and the London Bridge. So come along with Allied for a fun fall getaway!

Cost is \$549 double occupancy; \$605 single occupancy; \$539 triple occupancy. The tour includes: round-trip transportation: two nights at the Golden Nugget Laughlin; visit to the Route 66 Museum in sands of colorful Christmas lights when we attend

Kingman; historic Route 66 Mining Town of Oatman; two breakfasts; two lunches; tour guide: bottled water and snacks; taxes and gratuities.

#### **ROCKY POINT, MEXICO** Tuesday-Friday, Nov. 1-4

Back by popular demand! Join Allied Tour & Travel as we head south of the border to Mexico!

Rocky Point is located on the gorgeous Sea of Cortez, just 66 miles from the U.S. border. Americans frequent this coastal town to enjoy the soft sandy beaches, gorgeous sunsets, and fresh ocean breezes. We have a special evening planned for our

first night in Rocky Point with a dinner on the beach (weather permitting). Come along for a fun, seaside getaway!

Cost is \$945 per person double occupancy; \$1,205 single; or \$885 triple. Tour includes: roundtrip transportation with Tour West America; four days/three night stay at the Penasco Del Sol Hotel; welcome dinner at Hotel (meal choice due at time of reservation); Rocky Point city tour; special dinner at Mare Blu Ristorante: three breakfasts: free time to explore Rocky Point; tour guide; driver and guide gratuities; baggage handling; snacks and water.

#### **SAN ANTONIO & THE RIVERWALK OVER THANKSGIVING**

Tuesday-Saturday, Nov. 22-26

Allied Tour & Travel has a fun and festive getaway lined up for you as we explore San Antonio and Texas hill country! This holiday season you will see the Riverwalk shine brighter than ever, with thou-



doors. Come with us and enjoy the Holiday Magic of the colorful and vibrant city of San Antonio!

Cost is \$2,339 per person, double occupancy; \$2,749 single; \$2,245 triple. Tour includes: five days and four nights accommodations at the Hyatt Regency San Antonio Riverwalk; non-stop roundtrip transportation; airfare baggage fees (one per nerson): deluxe motorcoach transportation: hoat cruise along the Riverwalk; full-day excursion to Texas Hill Country and Fredericksburg; tour of National Museum of the Pacific War: Lyndon B. Johnson National Historical Park; "The Price of Freedom" IMAX movie and Alamo tour; Thanksgiving dinner at Fogo de Chao Brazilian Steakhouse; city tour of San Antonio; San Juan Mission; Tower of the America's - Observation Deck; El Mercado-Mexican Market Square; farewell dinner at Boudro's with reserved seats for the Holiday River Parade and Lighting Ceremony; breakfast daily; airport transfers to/from Sky Harbor Airport: baggage handling at Hotel: tour guide: taxes, driver and guide gratuities.

#### THANKSGIVING AT THE OPRY! Thursday, Nov. 24

Come along and join in the fun! Come with us for a special "Thanksgiving Day" matinee show that gets rave reviews throughout the Valley, Arizona Opry, where everyone has fun! The "Opry" gang will entertain you with over 50 different instruments and almost any style of music. This is bound to be a fun-filled day at the Arizona Opry, which is a top-attended theater. Enjoy a hearty home-cooked meal served right at your table, then sit back, relax and prepare for an unforgettable event of musical variety, comedy, and wholesome family fun! Please sign-up early; this is a very popular event and lways sells out!

Cost is \$149 per person and includes: round-trip transportation; matinee performance with Thanksgiving dinner; tour guide; bottled water; taxes and gratuities



#### **TOURNAMENT OF ROSES PARADE** Sunday-Wednesday, Jan. 1-4

Allied Tour & Travel rings in the New Year with a visit to sunny California for the 134th Rose Parade. Since 1890, the Tournament of Roses has produced one of America's biggest New Year's celebrations. This year's theme is "Turning the Corner" - whether the corner is actual or figurative like the unlimited potential that each new year brings, we all enjoy the opportunity of a fresh start. This year, as we turn the corner together, we share in the hope, beauty, and joy of what 2023 will bring. Come along and smell the roses!

Cost is \$1,599 double occupancy per person; \$2,099 single; or \$1,435 triple per person. The tour includes: round-trip transportation; fourdays/three-nights at the Hvatt Place. Glendale. Calif.; excellent reserved grandstand seating at 1350 E. Colorado Blvd. for the Rose Parade; postparade float viewing; official souvenir program and official Rose Parade pin; The Huntington Library with boxed lunch; visit to Long Beach waterfront; lunch at The Gladstone; three breakfasts; baggage handling; tour guide; bottled water and snacks; taxes and gratuities.









www.suncitywest.com

#### **COPPER, ENAMELING & GLASS**

This is a fun club that has something for everyone all in one friendly, welcoming group! Glass fusion, also known as "warm glass," is a fun, creative art that anyone can learn to do. You can also try copper and enameling arts as well. The experienced club members will teach and guide you. So very soon, you'll be creating your own unique jewelry, ornaments, wall art, plates, vases, night lights, wind chimes and much more! Our club is in the Beardsley Recreation Center, and we are open from 8 a.m. to 8 p.m. Monday, 8 a.m. to 4 p.m. Tuesday through Friday and from 8 a.m. to 2 p.m. Saturday. The club number is 623-544-6532 or you contact the club president at Patti Burleson, 815-605-5565, or pburleson0in7@gmail.com or just come on by and see what we are all about.

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prize money to participants.

Please sign up before start time for your desired cash games or tournament.

Annual membership dues are \$10 and nightly play fee is \$1 for members and \$2 for guests. For information, contact Dana Sledd at 253-670-5850 or visit our web site at fiftytwocards.scwclubs or our club Facebook page.

#### **COIN & STAMP**

The Coin Group, part of the Investment Club, is closed until the first Tuesday in October. For questions, call 623-377-6621. Our Club President Don King is recovering nicely and will head up the Coin section in October.

The Stamp Section, also part of the Investment Club, will meet Aug. 9. We are happy to announce that we have a new stamp chairman, Mike Hug has been a worldwide collector most of his life. He loves all facets of our hobby, especially engraved stamps, welcome aboard Mike. Experienced collectors are always on hand to help others with any questions. Summer is a great time to start a collection, so please feel free to stop by. You are always welcome.

We meet at the Kuentz Rec Center at 6:30 p.m. in Room 4. Coins is always on the firstst Tuesday of the month, except June through September.

Stamps are always the second Tuesday of the month throughout the year. For questions, call Fred at 377-6621.

#### **COMPUTERS WEST**

Are you stumped as to where to go when your phone, computer and tablet are giving you trouble? Getting help is right here at Palm Ridge in Sun City West. As a member of Computers West, you have access to members who will help you get your devices up and running and help you understand how they

work. The Help Group is available from 7:30 to 10:30 a.m. Wednesdays and Fridays. And includes one-on-one Android and Tablet help. Come early to sign up. Wednesdays is the Senior Help Group for members with any Apple device from 10 am. to noon in Room C and Mondays at noon to 2 p.m.

Computers West, at the Palm Ridge Recreation Center (623-214-1546), is the parent organization of two user groups: MacsWest and the PC Group. Summer hours of Room A are 10 a.m. to 2 p.m. weekdays. Both PC and Mac computers are available for club members' use. The club website is computerswest.org. We are open to club members and their accompanied guests. Sign up to monitor and make some new friends. The next Computers West meeting is noon Tuesday, Sept. 13, in Summit A.

We need your old cell phones for "Cell Phones for Soldiers!" Collection boxes are at Computers West and around

Sun City West. Each phone donated provides a phone calling card for one of our servicemen overseas.

PC Group: The next PC Group meeting is noon Tuesday, Sept. 13, in Summit A following the Computers West meeting. The club website pcscw.org. Linux Help is available from 8 to 11 a.m. Fridays. Ancestry is also back with assistance from 10 a.m. to noon Thursdays. Ancestry is available on both PC and Mac computers for members' use. Fight Sim is available from 8 a.m. to noon Thursdays.

Our loyal MacWest members are meet in Room C most days to help you to expand your "Apple" knowledge. The group's website is macswest.org. Join our Friday meetings with a short presentation at 1 p.m. in Room D. This is your chance to share your successes and bring up topics that have you stumped. Come in any time to use our new updated Mac computers. Our subscription to "The Mac U" has tutorials and lessons on any Mac, iPad and iPhone.

#### **CREATIVE STITCHERS**

If you are interested in joining or just curious, come check out the Creative Stitchers Club to see what the members are stitching from 8 to 11:30 a.m. Mondays at Kuentz Recreation Center, Room Kiya 5.

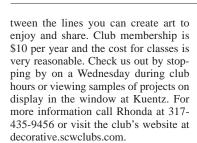
CSC has classes for Hardanger, Blackwork, and Counted Cross Stitch. Periodically CSC has Needlepoint 101 class. These classes are available to all members of CSC, whether you are a beginner or anyone who would like advanced instructions.

We share our skills, ideas, and projects while socializing. Check out our website photo gallery to see more completed members needlework: stitchers.scwclubs.com.

Everyone enjoys the time to socialize and catch up on ideas. New members are always welcome. Annual dues are \$10. For more information on the club or needlework donations, please contact Jeanette at 815-347-2665, leave message or text.

#### **DECORATIVE ART**

The Decorative Art Club continues to meet all summer. We are at the Kuentz Recreation Center in the Pueblo Room. Our summer hours are 11:30 a.m. to 3 p.m. on Wednesdays. We enjoyed meeting some community members at the Library craft days held in June and July. We love sharing our love of painting with acrylic paint on various surfaces. If you can trace a pattern and paint be-



## DEER VALLEY WOMEN GOLF

Want to join a fun group of ladies who tee off on Tuesday and play a beautiful course with a variety of golf games? Deer Valley Golf Club is the place for you. Join up and see what all the fun is about. Please check out our website at dvwomensgolf.scwclubs.com for more information.

The Deer Valley course closed for summer maintenance and will reopen Oct. 25. In the meantime the ladies group will continue to play but at various courses in Sun City West. If you are interested in joining this fun group of women, please contact Janice Runnels at jlr765@gmail.com or Pepper Trautman

meeting are members of Grace in Motion, a non-performing classical basic ballet class taught by professional ballerina Tammy Wolfe. From left to right: Amanda "Sam" Conley, Jill Gitar, Christina Hecht, Jennifer Hyder, and Jan Capperauld. This class will continue throughout summer on Mondays and Wednesdays at 11 a.m. in the Dance Studio at Palm Ridge Recreation Center. Pilates also continues on those days at 2:30 p.m. with Valerie Moore. Jazzy Poms will practice at noon on Wednesdays. Anyone interested in becoming a Poms member is welcome to attend. All other DanceSensations' classes resume after Labor Day. For more information, call Jan at 623-236-8526.

**DANCESENSATIONS** 

Enjoying a for-fun costume photo session at a recent DanceSensations'

 $at\ pepper trautman@gmail.com.$ 

The following ladies qualified for our upcoming December Ace and Aces tournament as follows:

June Ace (Lowest Gross Score) – Pepper Trautman and Terri Lagos, 84 June Aces (Lowest Net Score) – Joan Chiapputi and Marcy Kaufman, 72

#### **DESERT GARDEN**

The Garden Club is a fun and very active group. There are professional speakers, social get togethers, tours and many opportunities for club members to become involved in desert gardening.

We look forward to having club members continue to volunteer and learn about growing a wide variety of plants in our desert climate. If you have questions, please contact Dave Wiegand at davidwieg@aol.com.

View our website at garden.scw-clubs.com.

## ENCORE NEEDLE & CRAFT

Come to the most giving and versatile club in Sun City West. We are E.N.C.O.R.E. - Encouraging Neighbors in Charity and Originality with Rewarding and Enjoyable activities. We meet in Mesa Room 4 at Kuentz Recreational Center, on the corner of Stardust and R.H. Johnson boulevards. We are open from 7:30 to 11 a.m. every Friday. We donate our hand-crafted items to the Salvation Army, American Cancer Society, Choice Pregnancy Center, Hospice of the Valley, Dysart Elementary School District and veterans' organizations. Charity items created include hats, scarves, afghans, slippers, chemo caps, dementia blankets, baby items and more. Many of us knit, crochet, weave, use looms, quilt, needle point, cross stitch

Check out our display window at craft room 4 to see examples of our work. We welcome those who want to learn new crafts as well as seasoned experts. If you enjoy making things that will be donated and bring joy to others, we are the club





Above, Creative Stitchers Club member Eleanor O'Brien counted-cross stitched these designs as a summer project. Right, Creative Stitchers Club member Kathie Miller cross-stitched this framed design.

#### -



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## Club Corner

#### From Page 16

for you. Come with any problems you may have with needles, hooks or patterns; we can help. We gratefully accept any donations of yarn, fabric and craft items for our charity projects. For more information about our club or if you would like to make a donation, please check out our web site needlecraft.scw-clubs.com or call Maryanne Edens at 507-254-2758.

#### **ENERGETIC EXERCISE**

Jackie Gleason once described in detail his daily exercise regimen. He said, "Every morning, first thing, I begin my exercises: one-two, one-two, one-two. After I catch my breath, I move on to the other eyelid: one-two, one-two, one-two. Then I have a cocktail.

Energetic Exercise Club isn't quite that easy, but confidentially, have you ever looked at Jackie Gleason? That'll drive you to exercise.

We are kind of a basic calisthenics. Bending, touching, stretching and yes, even just a little sweating, sometimes. But it feels good when it's done, and in the meantime, we've hung out with some really great people and friends. Of course, we could do that over donuts and coffee, but this is better for us (I keep telling myself).

Give us a try. You can come up to three times free, just to check it out. Then go for a donut.

We meet from 7:50 to 8:35 a.m. Monday, Wednesday, and Friday morning in the R.H. Johnson Social Hall. No judgement. No pressure. Just give it a try. When you join, it's only \$5 for the year.

For information, call Gloria at 623-986-9392. If she doesn't answer, it's not about you. It's about all the unidentified scam calls she gets. If you leave a message, she'll call you back.

#### **FITNESS**

Club officers have been working on updating the Fitness Club Bylaws so they comply with the Rec Center's Rules, Regulations & Procedures. Once this project is completed, additional information will be provided to members via email.

It isn't too early to think about serving as a club officer for 2023. Please contact our president, Marilynn Shaw (contact information below), if you are interested in running for an office.





The club had a membership event to show off the new greenhouse in a night setting, that included the new botanical garden. The botanical garden is progressing well with new hardscape, many new plantings of cactus and trees. The club has started to accept donations of cactus and has begun harvesting. An appointment for harvesting can be scheduled by contacting Mike Anderson at: manderson1717@gmail.com.

Recreation Centers of Sun City West





dents may visit three times before be-

coming members. Annual membership

is \$10 and the nightly singing fee for

members is \$2 and \$3 for singing guests.

Listening is free! Cups and ice are pro-

vided. Membership forms are available

Friday evenings, or on the club's website

Election of officers is scheduled for Nov. 3 at Palm Ridge in the Summit Hall.

The Fitness Club offers a variety of classes. For information visit the club's website - fitness.scwclubs.com.

Water Aerobics and Fitness has a special summer schedule (May 3 to Nov. 3) with summer instructors. Classes are from 8:15 to 9 a.m. Tuesday and Thursday in the Palm Ridge Indoor Walking

Jazzercise Lo – Dance Mixx is from 9:15 to 10:15 a.m. Monday, Wednesday and Friday in the Social Hall at R.H. Johnson. This is a low impact class that is a fun way to workout to music. Susan Shewmake is the instructor.

Zumba is canceled until Sept. 26 due to the instructor not being available.

Sculpt 45 is a 45-minute choreographed muscle class designed to strengthen and tone the upper body, core, and lower body using free weights, bands, chair and standing exercises. Classes are from 9 to 9:45 a.m. Monday, Wednesday and Friday in the Summit

Hall at Palm Ridge. Lisa Friedman is the instructor.

Deep Water Exercise is from 7:45 to 8:45 a.m. Wednesday and Friday in the R.H. Johnson Pool. This class provides a total body conditioning with progressive cardiovascular workouts while suspended in deep water with a flotation belt. Diana Thielen is the instructor.

H2O Fitzi with Mitzi is from 9:15 to 10:15 a.m. Monday, Wednesday and Friday in the Palm Ridge Indoor Walking Pool. This class is a high-intensity, low-impact shallow water exercise program including warm-up and cool down periods with a complete aerobic segment. Mitzi Cereceds is the instructor.

All residents holding a valid rec card are eligible to join the Fitness Club. Annual membership dues are \$5 and a current annual card is purchased through the individual class representatives. Class cards are purchased through each class and are not interchangeable between classes. One day class is \$5; four classes (30 day expiration) are \$16; eight classes (45 day expiration) are \$24 and 16 classes (60 day expiration) are \$48.

If you have questions or need more information about the Fitness Club, contact our president, Marilynn Shaw, 541-980-4444, shaw.marilynn@gmail.com.

#### **KARAOKE**

The Karaoke Club is enjoying the airconditioned comfort of their Karaoke Kabaret on Friday evenings this summer. Located in the arts and crafts building at Beardsley Park Rec Center, doors open at 5 p.m. and singing starts at 6. You do not need to sing to enjoy an evening of song and camaraderie. The membership of the Karaoke Club is growing, and now totals 150 members. Fewer than 30 percent sing. Won't you visit and see if this club is for you? The club usually has one theme night a month, often tied into a holiday. For more information, contact clubs president Byron Brothers via email at ByronBrothers@gmail.com or 719-291-

The club is open to members and accompanied guests. Sun City West resi-

on the club's data base, or to load their personal discs into the club's system. **LAWN BOWLS**Johnson Lawn Bowls Club members remain undeterred from getting in as

Members may make appointments to

practice one of the 260,000-plus songs

out the year, no matter the weather!
So, be it known by all that the morning Daily Draw continues at 7 a.m., with tags up no later than 6:45 Monday through Saturday.

many ends as possible played through-

For those interested in evening bowls and as an added bonus Wednesday evening bowls are at 7 p.m. with tags up by 6:45.

If you are new to our community and haven't checked us out as yet, please look no further than inside the walking track on Meeker Boulevard where you'll find Johnson Lawn Bowls Club clubhouse and the lovely lawn bowls greens of Sun City West. Sign-up for no-cost lessons is on the outside of the building. See you soon!

#### **LEATHER CARVERS**

Have you always wanted to learn how to work with leather? Are you curious about how a leather project is completed? Have you worked with leather in the past and considered renewing your skills? Are you new to Sun City West and want to see what's available to you?

The Leather Club was able to present two hands-on demonstrations at the library this summer and the participants were able to learn the basic skills of

#### Continued on Page 18



Members of the Karaoke Club enjoyed a Country and Western night on June 17. Many members wore western apparel and sang songs by their favorite country artists. Hamburgers grilled on the patio by chefs Daryl Greenhalgh (left), Neil White (center) and Mark Foster were the main course, with sides and desserts provided by the members. Left, Shirleyann Fautheree enjoys preforming on Friday nights at the Karaoke Club. Right, Don Marine sang Tom T. Hall's, "I Love (Little Baby Ducks)."



The ladies of Encore Needle & Craft are displaying some of their charity items. In the picture below several techniques are used such as: knitting, crocheting, sewing and the use of a loom. Donations of yarn are greatly appreciated. From left to right: Ann Marie Fromm, Nona Johnson, Linda Swanson, Betty Rossman, Lucille Hager and Melanie Parker. We invite you to join us from 7:30 to 11 a.m. Friday morning as our guest. Items for our various charities are on display in our Club Room 4 Mesa at Kuentz Recreation Center.









Johnson Lawn Bowls Club celebrated Memorial Day with a member showing of more than two dozen lawn bowlers. As is usual with the club, this was great fun and the food to follow was better. Well, maybe not better but surely a traditional and most enjoyable part of the holiday weekend get-together.

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leather working as well as complete a small project to take home. This was a great time to see what leather work about.

The Leather Club had a great season this last year, which included record breaking numbers at social events and members in the club room working on their creations. Many new, interesting classes were offered all winter covering a variety of topics dealing with the art of leather crafting. They have had constant new member classes and record-breaking attendance in the club room.

Leather workers meet at the Kuentz Center beginning at 8 a.m. Monday through Friday. There is a library full of ideas and inspiration just waiting for members to create and it is constantly being updated. But it's not just carving, they are braiding, painting, sewing and anything else you can imagine. Instructional classes have been held on lacing, braiding, air brushing, staining, wet dipping and a variety of other skills. Whether you are a beginner who wants to get started or an experienced carver who wants to learn a new skill, you will find what you are looking for. You will receive fundamental instruction and learn how to use the seven basic tools of the craft.

The club is a great place to meet others who love the craft of leather working. Members create projects such as handbags, wallets, phone cases, guitar straps, and much more. Club tools, supplies and equipment are available for use. The club has purchased two different industrial sewing machines to meet the needs of any project. Current members offer years of experience and are always happy and available to exchange ideas, answer questions and assist with projects.

The club has a variety of items and kits for sale to members. Active club members receive discounts at some local stores by showing their current membership card. Handcrafted leather items make wonderful gifts for family and friends. You'll enjoy making projects you can use, give as gifts, or sell. You can also have something custom made if you like.

The Leather Carvers have always taken part in the Fall and Spring Craft Fairs at R.H. Johnson and hope to continue selling at some local area craft sales and the del Sol Arts & Crafts Gallery. Several crafters sold items on their own at the March 11 Sundome Plaza Arts & Crafts Show hosted by the Sundome Merchants. This was a great opportunity for others to come out and see the variety of items they do not see

in the club since those selling made most of their items in their own homes. This was an inspiration to others and gave them many ideas for their own projects.

All Sun City West residents with a valid rec card are welcome to become members so please visit scwleather-carversclub.weebly.com or call 480-341-2057 for more information.

#### **LINE DANCERS**

The Line Dancers Club has plenty of dancing in August and we invite you to join us indoors in cooler temperatures to have some fun and get your exercise through dancing. If you have not line danced before, we have a four-week Beginners program starting on Wednesday, Aug. 3, and meeting on the Aug. 3, 10, 17 and 31 from 12:30 to 1:30 p.m. in the Johnson Social Hall. The cost of the four-week program is \$20, plus a \$5 club membership fee. If you have line danced before, we have three additional teaching classes, Beginners 2, Upper Beginners and Easy Intermediate. In addition, we offer a traditional line dance class, Dance in Line, which is a straight dancing/no teach class. The instructor, Kort Kurdi, calls the steps in all classes making it easier to learn to line dance. Classes (other than Beginners) require no registration and are \$5 each time you attend. To register for Beginners, you can complete the registration form online at linedancers.scwclubs.com or register before class starts on Aug. 3. For information, contact martha759@aol.com or 623-556-9093.

#### **MAC CRO KNIT**

Club members were again at the R.H. Johnson Library on July 8 helping beginners to learn crocheting, knitting and macrame. Those who participated took home a completed project, either coasters, jar openers, bookmarks or granny squares. The club provided all materials, needles and hooks.

The club annual "Knit-In" at the R.H. Johnson Library has been postponed until September so as not to interfere with the completion of the giant summer puzzle project currently under way at the Library.

Club workshops continue twice a week from 8 to 11:30 a.m. on Tuesdays and Thursdays throughout the summer. Guests are always welcome! Come and check out our friendly club. Each workshop features a "Show and Tell' session so members can see completed projects and discuss the skills and patterns involved. Workshops are held in Room 3/Pueblo Room, Kuentz Rec Center, R.H. Johnson and Stardust Boulevard.

Donations of yarn, patterns and tools are always welcome. The yarn is used for charity projects the club supports. Baby blankets, hats, scarves, afghans and other items are regularly donated to UMOM, Linus Project, Del Webb Hospital and other organizations.

Club dues are \$5 per year and members are required to monitor once per year. To learn more about the Club visit knit.scwclubs.com or call Janet Lennon 623-687-7397. We also have a Facebook page - "Mac-Cro-Knit Sun City West." The Facebook page is only available for general viewing unless you are a paid club member.

#### **MAH JONGG**

The Mah Jongg Club is opened to Sun City West residents with a current rec card. Dues are \$10 year.

The club meets every Tuesday and Thursday during the year, from 11 a.m.



The monthly display in the Mac-Cro-Knit Club window is arranged by display chair, Jan Hofstra. The dolls and stuffed animals were crocheted and created by member, Jeanette Hill. The club meets Tuesday and Thursday mornings from 8 to 11:30 a.m. in Room 3 at Kuentz Rec Center.

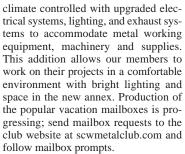
to 4 p.m. in the Sagebrush Room at the Beardsley Rec Center. You do not have to play both days. Sign-in and social time is between 11 and 11:30 and games start at 11:30. On the first Thursday of February, April, September, October and November we have a short business meeting with members supplying treats. We also have treats on the other months except July and August.

If you already know how to play, bring your Mah card and visit us on Tuesday. It is a great day to visit since we tend to be a smaller group and it's a great way to meet the other ladies. If you do not know how to play, Mah lessons will begin in January.

For more information, please call Phyllis Hibben at 623-398-7771.

#### METAL

The Metal Club is now open to members after a lengthy construction project. The new 2,600 square feet addition is



If you are interested in joining the Metal Club, please stop by during regular club hours for more information, from 8 a.m. to 4 p.m. Monday through Friday, or visit the club website.

#### **MODEL RAILROAD**

Anyone interested in model railroading is invited to tour and join our HO-N scale layout located in the R.H. Johnson Rec Center from 9 a.m. to noon Monday, Wednesday, Thursday and Friday, or 6 to 9 p.m. Tuesday nights. Our G-Scale outdoor layout at Beardsley Park will reopen in September. We have plenty of club equipment or use your own. Sumer is our time for maintenance and upgrades. All aboard! Please call 623-544-6148 for information or President Bob Rose at 623-826-3448.

#### **PALO VERDE PATCHERS**

Palo Verde Patchers Quilt Club offers members many opportunities to develop new skills and friendships by providing a variety of special interest groups and classes. Traditional quilting, modern quilting, art quilting, machine embroidery, appliqué and handwork and just a few of the SIG groups. In addition, classes are offered on a variety of quilting techniques every month. PVP's club rooms are at the Kuentz Rec Center and are open from 8 a.m. to 4 p.m. Monday through Thursday (until 8 p.m. on Tuesday and Wednesday) and 8 a.m. to noon on Friday and Saturday. Announcement meetings are held on the Tuesdays at 10 a.m. Visitors are welcome to attend meetings. Information regarding all Palo Verde Patchers activities and club classes can be found on the Club website at patchers.scwclubs.com. For further information call President Nancy Steely at 623-546-6240.

## PEBBLEBROOK LADIES 18 GOLF

"Where golf is played and friendships are made."

Pebblebrook is the only ladies club offering three tee options (Red, Combo and Green) for players of all abilities. The combo tees reduces the Red Tee length on holes 4, 6, 10, and 16 by a total of 357 yards, bringing the total playable length to 5,352 vs. 5,709 from the red tees.

Every Tuesday is an organized 18-hole club game. It's easy to sign-up.

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The Pebblebrook Ladies 18 Club named its Ace and Putters of the Month Winners for July. Jennifer Walsh earned Ace of the Month honors with at low net 70 and Jerie Clark was named Putter of the Month with 32 putts.





Leather Club president Kyle Betz had a special request from his grandson, Kyle, who turned 15 in June. Kyle is a huge fan of "The Legend of Zelda" fantasy series, which takes place in a medieval setting. His other grandpa had helped him make a wooden sword, which now needed a scabbard. Kyle helped design the pattern and Grandpa Kyle went to work making the leather sheath as well as the arm guards needed to complete the look. Leather projects make great gifts and this project will be cherished by young Kyle for a long time. The craft of leather working has many possibilities and is only limited by imagination.





www.suncitvwest.com

#### **MEN'S CLUB**

The new stained-glass window for the Men's Club was completed by Bob Badke. Visit the Men's Club and room to check it out!

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There is an optional "Chip-In Pot" and "Blind Draw" each week. After the round, we gather on the patio for a fun time. Our annual Tournament of Champions recognizes our Club Champion (Low Gross), President's Cup (Low Net) and "Flight" Champions. We also have several "Fun Day" mixers and participate in Team Play with the other regulation course Ladies 18 groups.

Join us any Tuesday to try us out. Though not eligible for prizes, you may play three times with us before making a commitment to join. Please check us out on our website pbwomensgolf.scw-clubs.com or call Wanda Schnabel at 260-312-5230 for more information

## PEBBLEBROOK LADY NINERS

Don't have all day to play golf? Join the Pebblebrook Lady Niners! We welcome golfers of all levels. We offer morning and afternoon tee times and play every Tuesday at Pebblebrook Golf Course. We are the only nine hole





league at a regulation course. Pebble-brook has three tee options – red, green and combo. We have sweeps games during the regular season along with a few fun tournaments. For more information, please check out our website at pbladies.scwclubs.com or call Mary Monfre at 321-537-1577.

#### **PHOTOGRAPHY WEST**

There is lots going on in this fun club. Our popup get-togethers have been very popular. They combine education with a social twist which results in learning something new and making new friends. It's a great way to get to know members of our club. Another way to meet fellow members is to monitor. It is for only three hours, and not only will you meet some friendly people, you will learn what is going on in our club. We also have club "ambassadors" who team up with our new members to help them with their photographic needs. Carpool trips and other travel opportunities will help to make you a better photographer. Member photographs are displayed at the library and R.H. Johnson Rec Cen-

Photography West, at the Beardsley Recreation Center, is a club for Sun City West residents who enjoy photography. Summer hours are noon to 3 p.m. Mondays, Wednesdays, and Thursdays. You may mount and matt pictures, get information and pay dues. You can also make movies, transfer slides and pictures to a flash drive, VHS to flash drive or DVD, work with Elements, and transfer



New Scrapbooking, Papercraft & More Club members Barb and Tracy showcase some fo their cre-



Palo Verde Patcher's recent Honor Quilt presentation honored four deserving combat veterans with beautiful patriotic quilts. Top left, Wilfred Blessing served in the Navy from 1941 to 1974 and was a Navy pilot during World War II and Korea. He turned 99 years old in July. Top right, Thomas Teichman served in the



records or cassettes to flash drives. Check out our Still Life and Portrait Studio. Computers are available for members' use.

Photography West will meet again in the fall at 10 a.m. Fridays at the Stardust Theater at Kuentz with a special program each week. In the meantime, we will have special programs on Tuesday, Aug. 9 at 10 a.m. at Stardust. Watch our website for schedule of events, classes, popups and competitions. New things are added all the time.

For information, call 623-544-6520 or visit photography scwclubs.com. We are open to club members and their accompanied guests.

#### **ROCK 'N' ROLL DANCE**

It may be hot outside, but we keep it "cool and groovy" inside with fun dancing and exciting music with our Saturday classes and dances! Join us – we'll save you a spot on the dance floor!

Classic Rewind Rock 'n' Roll Dances: Our August dances with DJ Kort Kurdi will be held Saturday, Aug. 6, at the R.H. Johnson Social Hall and Saturday, Aug. 20, in the ballroom at Palm Ridge Rec. Dance to the hottest dance music from the decades of rock 'n' roll along with some current popular hits – all from the original artists!

Rock 'n' Rhythms Session begins at 6 p.m.; the dance follows from 6:30 to 9. A singles table is available. Cups and ice are provided. Feel free to bring whatever snacks and beverages you like. Cost per dance is \$6 for members; \$8 for guests.

See the guest policy below.

Rock 'n' Rhythms Dance Exercise Classes: Kort leads us in his one-of-a-kind dance exercise program called "Rock 'n' Rhythms." This fun, energizing class uses basic, easy dance steps. No dance experience necessary; if you can walk, you can dance! With Kort's unique style of showing and calling the steps, you'll be dancing to the beat of the very first song! Join us every Saturday morning at 9 at the R.H. Johnson Social Hall. The Saturday, Aug. 20, class will be in the ballroom at Palm Ridge. Cost is \$5 for members, and \$6 guests.

Annual membership is \$7. A valid rec card must be presented to join the club.

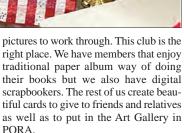
Call 480-259-7281 or visit rocknroll.scwclubs.com for more information and to verify the schedule as occasional changes can occur due to Rec

Center scheduling.

Guest Policy: Club activities are for members, rec card holders, and their accompanied guests. Per club bylaws, non-member residents may attend twice before being required to join the club. Non-resident guests may attend only twice per calendar year and must be accompanied by a club member.

#### SCRAPBOOKING, PAPERCRAFT & MORE

Greetings from the fun club - Scrapbooking, Papercrafting and More. We have welcomed new members during our hot summer days. Two of them, Barb and Tracy are scrapbookers with lots of



We had some super classes this last month including how to make a braided card, a card using the wreath building technique as well as the cards below a triple cube box card. Drop in and see what we have planned for the classes in August. You are sure to find one you want to attend. By coming to the class room you will be able to see the supplies you need and if there is a limit to the number that can take the class. We are in the Beardsley Rec Center in the Agave Room. The hours are 10 a.m. to 3 p.m. on Thursday, Friday and 10 a.m. to 5 p.m. Saturday. For more information please contact Lynne Marion at 440-666-6386. Tammie Frazier can be reached at tjfrazier@q.com for digital scrapbooking information. Feel free to drop by any day to see what we are about, what we make and the tools we have to share.



If you are a SCW resident and wanting to learn silvercrafting now is the time to call the Toy-ki Silvercraft Club. We still have summer introductory



Army as a medic in Vietnam. Bottom left, George Sell served in the Army in Viet Nam. Bottom right, Rodger Sandlin served in the Army for two tours, one in Vietnam. The Patchers will resume Honor Quilt presentations in October. For more information visit patchers.scwclubs.com.







Sportsman's Club members trek along the trail at Calderwood Butte in Peoria.

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classes and are adding a new list of techniques to learn all of the methods of creating beautiful metal objects and fine jewelry.

The potential classes for this coming season are: soldering, mini torch, drill and tube settings, engraving, burnishing, texturing, stamping and silver bead making.

Using the rolling mill and textures, jewelers saw, bracelet press, prong and tube settings.

Stamping, rivets, chain maille, wire and viking weave

Casting: wax carving, vulcanizer, wax pot, fold forming, electro etching and coloring with fire.

For anyone that ever wanted to learn all of the styles and forming of silver there is a class for every style possible.

Come join the Toy-ki Silvercraft Club. For information, contact Bob Stoppelman at 314-882-7512.

#### **SOFTBALL**

The Softball Club will complete its third summer session around Labor Day and Liberty Field will then be prepared for the fall session, which will begin near the end of October. This will give you time to join the club and get placed in one of our many fall leagues.

We have a Green Team which enables the evaluators to match your individual skills with the three primary leagues (American, Central and National) along with the 70s League, Co-Ed League and



These projects, above and below, were finished by Silvercraft Clubs members



Women's Team. Depending on the league in which you will be assigned, you will have the opportunity to play two days per week at both Sun City West and Sun City.

First year dues for new members are \$50 plus \$100 for uniforms that will be issued. Uniforms include shorts, pants, belts and caps or visors. Thereafter, your annual dues will be \$50 each January. If you are interested in joining our club to play senior softball call Rick Toland at 509-264-3088 for additional information regarding the Green Team or Dave Ryg at 815-978-0712 for additional information regarding the Softball Club.

Our various leagues are scheduled from the end of October through early September accommodating both year round and seasonal Sun City West residents. Haven't played softball for years, not to worry, most of the club members didn't as well before joining the club.

#### **SPANISH**

The Spanish Club is dedicated to helping members learn the culture, language, and history of Spanish-speaking countries while forming new friendships with other members. Complete details are available on the website at spanish.scwclubs.com. Annual membership dues are \$15, and classes are free. New and renewing members may apply online at spanish.scwclubs.com, pay 2022 dues via credit/debit card or mail a check to the treasurer, made payable to The Spanish Club of SCW.

Our volunteer instructors work in our exciting sequential Spanish language program with beginning, intermediate, advanced and conversational classes. Club events also include fiestas, movie nights, Spanish board games, book club, and travel. For questions, you may call the membership chairperson, Arlene Peterson at 720-202-8462 or email her at scwarlenepeterson@gmail.com.

#### SPORTSMAN'S

The Sportsman's Club will not meet until September. That does not mean that there will be no Club activities this summer.

The Firebird Hiking season began in May and will continue through September. These hikes will be most Thursdays with the group leaving Sun City West at 6 a.m. to beat the heat.

The Easy Riders have a trip planned Aug. 2 to Doll Baby Ranch Road near Payson, and another on Aug. 16 to Haigler Canyon near the Arizona town of Young, east of Payson.

The Sun City West Masters Swimmers have coached workouts from 7 to 8:30 a.m. on Tuesdays, Thursdays, and Saturdays at the R. H. Johnson pool.

This club continues to offer Sun City

West men and women a multitude of other outdoor Arizona activities. These include ATV/UTV riders, Big Wheels (off road vehicles), Easy Riders, Birding, Fishing, GEOcaching, Horseback Riding, Clay Target Shooting, Hiking, Darts, Walking/Jogging, Shore Fishing, and Masters Swimming.

Participation in these activities will make you feel more connected to Sun City West and Arizona as you learn about area history, geology, geography, flora, and fauna. These activities are also a way to help maintain your body and brain's health.

The website address is: sportsman.scwclubs.com. Use this to find out details for the activities.

#### **STARDUST LADIES GOLF**

Sun City West lady golfers are invited to join us on Tuesdays. You can elect to play nine holes or 18 holes. You can play competitively and establish a handicap, or you can just play non-competitively and enjoy the game with a friendly group of golfers. There are weekly games for those who want to participate and a few tournaments and social events throughout the year.

We're making it fun through the summer. We held a fun three-person scramble earlier this summer and our monitor tries to keep it fun with various games each week. We do play low gross and low net, but have mystery games thrown in to keep it interesting! Please come out and join us hearty summer play gals! Aces for the month of June were announced - Miriam Dotson, low gross 83, and Sheri Gingerich, low net 56.

Applications for membership are available at the Stardust Club House, in the outdoor display case at Stardust or on our website at sdladiesgolf.scw-clubs.com. If you are not sure league play is for you, you can play as a guest and try it out. Call Judy at 218-234-1091 for additional information.

#### THEATRE WEST

Theatre West is a vibrant club of many talents: costumers, set designers and builders, directors, light and sound technicians, actors, dancers, singers, the very important audience, and much more

The season runs from September through April. A short monthly meeting every third Tuesday afternoon is always followed by entertainment. This is where those who want to dip their toes in the water for the first time, or come back to what they love, can begin. You can get a feel of what the club is about. There are those eager to help, coach, or train in every aspect of Theatre West.



The Water Fitness Club workout in the Johnson Pool on June 20.

The main stage shows, major productions, are full length plays in October and January, and a musical in March. The upcoming play in October is "A Little Murder Never Hurt Anyone" directed by Frederick Saint John. There is always something to do to help with the production, whether on stage or back stage, just contact the club. The club welcomes everyone, seasoned or wanting to try something new. Dust off those dancing shoes, warm up those vocal cords, bring your whoops and hollers and join Theatre West. Contact Vicki Baker at vickismkbiz@gmail.com.

#### **WATER FITNESS**

The Water Fitness Club announces changes in class location during the Beardsley Pool remodeling. The 9 a.m. Tuesday, Thursday, Friday Beardsley Pool sessions have been replaced by 8 a.m. sessions at the Palm Ridge Pool on Monday, Wednesday, and Friday. This schedule will be maintained until the Beardsley Pool is ready.

Exercise sessions at 9 a.m. in the R.H. Johnson outdoor pool Monday thorugh Friday and the 9 a.m. Palm Ridge Pool Saturdays are not affected. Please refer to waterfitness scwclubs.com for exact dates and times, as the end date of the Beardsley Pool remodel has not been set at this time.

The Sun City West Water Fitness Club does gentle stretches to cardio exercises set to recorded music and instruction in the shallow end of the pool. The exercise sessions are self-directed. There are no instructors, but a new member may approach any experienced member for guidance. We alternate between four routines. The pools are very pleasant in the mornings even during the hottest parts of summer. Please try us out and come and enjoy the beautiful Sun City West water facilities. The website contains our exercise calendar, a description of each routine, and much more. Membership to our club is open to anyone with a valid rec card. Membership dues are \$10 per year. Anyone with a rec card may attend five sessions before membership is required. Non-Sun City West residents may attend five times per year as a guest of a member. For more information, please contact president Sandra Forsey at scwwaterfitness@gmail.com.

#### **WESTERNAIRES**

Dan Ryan has been contracted as music director by the Westernaires Chorus of Sun City West, according to President Ken Kunze.

A Peoria resident who earned a Bachelor's in Music at ASU, Ryan has di-

r e c t e d school, church, and community choruses for 40 years, including barbershop quartets in international competition. He succeeds S y l v i aCollins who retired after six years.



Dan Ryan

One of the oldest chartered Sun City West clubs, the 85-member mixed chorus will conduct its first fall rehearsal in the Back 40 of the Stardust Theater at 8 a.m. Thursday, Sept. 8. Sun City West residents are invited to attend and, if interested, audition to perform in its Dec. 2-5 shows in the Stardust Theater.

For information, contact President Ken Kunze at 402-366-7377, or visit westernaires.scwclubs.com.

#### **WOMEN'S CLUB**

The Women's Club is offering an activity-filled summer to its members. We have monthly luncheons scheduled for Aug. 15 and Sept. 19, monthly birthday celebrations, and we play many games, including various variations of Hand and Foot, Mah Jongg, Bridge, Canasta, Mexican Train, and many more! Member volunteers mentor many games and host open games. Please refer to our website - womensclub.scwclub.com - for current information. You can come with your Women's Club friends and play any game of your choice any time the clubroom is open. Our August special event will be ice cream sundaes on Aug. 17.

The Women's Club Room at the Kuentz Rec Center is open from 11 a.m. to 4 p.m. Monday through Saturday. Membership is open to Sun City West residents with a current rec card. Resident guests may come twice before needing to decide to join the club. Come in and give us a try. For more information, contact president Jan Wilson at scwwomensclub@gmail.com, 714-235-2752, or visit the club's website at womensclub.scwclubs.com.



#### **TENNIS**

The Tennis Club received a generous gift form PASS, the community children's sports program that the club recently started sponsoring.